University of Crete
Department of Mathematics and Applied Mathematics

# Notes on Sub-Riemannian Geodesics and Volume 

Konstantin Athanassopoulos

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## Chapter 1

## Sub-Riemannian manifolds

### 1.1 The isoperimetric problem in the plane

Queen Dido of Tyre had to flee across the Mediterranean in order to escape from her brother Pygmalion, also King of Tyre, who had murdered her husband Acerbas, an allegedly wealthy priest of Hercules and second in power to Pygmalion. Eventually, Dido and her company arrived at the north african cost where Dido asked the Berber King Burdas for a piece of land, only as much as could be encompassed by an oxhide. Dido cut the oxhide into a long fine strip so that she could encircle a nearby hill. In doing this Dido faced the following problem. Given a string of fixed length and a fixed line, the coast, place the ends of the string on the line and determine the shape of the curve enclosing the maximum area. This is the form of the mathematical problem which nowdays is called the isoperimetric problem. Dido found that the solution to her problem is the semicircle and the city she founded in the semicircular region was Carthage.

We shall see a mathematical formulation of Dido's problem. Consider the differential 1-form

$$
a=\frac{1}{2}(-y d x+x d y)
$$

which satisfies $d a=d x \wedge d y$. If $L: \mathbb{R} \rightarrow \mathbb{R}^{2}$ is any line through the origin, say $L(t)=\left(t v_{1}, t v_{2}\right)$ for some $\left(v_{1}, v_{2}\right) \in \mathbb{R}^{2} \backslash\{(0,0)\}$, then

$$
\left(L^{*} a\right)_{t}(s)=a_{\left(t v_{1}, t v_{2}\right)}\left(s v_{1}, s v_{2}\right)=\frac{1}{2}\left(-t v_{2} s v_{1}+t v_{1} s v_{2}\right)=0
$$

for every $t \in \mathbb{R}$ and $s \in \mathbb{R}$. So $L^{*} a=0$.
According to Stokes' formula, the area enclosed by a piecewise smooth simple closed curve $\gamma$ in $\mathbb{R}^{2}$ is

$$
A(\gamma)=\int_{\gamma} a
$$

If $\gamma$ is not closed and has initial point at the origin, then the integral $A(\gamma)$ represents the area enclosed by $\gamma$ and the line segment from the origin to the endpoint of $\gamma$, because of the preceding property of $a$.

The isoperimetric problem is the following constrained variational problem: Maximize the area enclosed by a rectifiable simple closed curve subject to the constraint that the lenght of the curve is a fixed constant. Dually, minimize the length
of a rectifiable simple closed curve subject to the constraint that the area enclosed by the curve is a fixed constant.

The dual isoperimetric problem can be restated as a 3 -dimensional geometric problem. Let $\gamma:[0, T] \rightarrow \mathbb{R}^{2}$ be a piecewise smooth curve and let $\delta_{c}:[0, T] \rightarrow \mathbb{R}^{3}$, $c \in \mathbb{R}$, be the family of curves defined by

$$
\delta_{c}(t)=\left(x(t), y(t), \int_{\gamma \mid 0, t]} a+c\right)
$$

where $\gamma(t)=(x(t), y(t))$. We define the length of $\delta_{c}$ to be the length of $\gamma$. Each curve $\delta_{c}$ is called a horizontal lift of $\gamma$ and

$$
\dot{\delta}_{c}(t)=\left(x^{\prime}(t), y^{\prime}(t), a_{\gamma(t)}(\dot{\gamma}(t))\right) .
$$

Also, $\delta_{c}(T)=(x(T), y(T), A(\gamma))$. Let now

$$
\omega=d z-\frac{1}{2}(-y d x+x d y)
$$

and $\mathcal{H}=\operatorname{Ker} \omega$. Then $\mathcal{H}$ is a vector subbundle of the tangent bundle of $\mathbb{R}^{3}$ with fibre

$$
\mathcal{H}_{(x, y, z)}=\left\{\left(\begin{array}{l}
v_{1} \\
v_{2} \\
v_{3}
\end{array}\right) \in T_{(x, y, z)} \mathbb{R}^{3}: v_{3}-\frac{1}{2}\left(-y v_{1}+x v_{2}\right)=0\right\}
$$

over $(x, y, z) \in \mathbb{R}^{3}$. The differential 1-form $\omega$ is the standard contact 1-form of $\mathbb{R}^{3}$ and $\mathcal{H}$ is its standard contact structure. Note that $\mathcal{H}$ is generated by the smooth vector fields

$$
X=\frac{\partial}{\partial x}-\frac{1}{2} y \frac{\partial}{\partial z}, \quad Y=\frac{\partial}{\partial y}+\frac{1}{2} x \frac{\partial}{\partial z}
$$

which together with $Z=\frac{\partial}{\partial z}$ form a basis of the corresponding tangent space of $\mathbb{R}^{3}$ at each point. More precisely, if $u=\left(u_{1}, u_{2}, u_{3}\right) \in T_{(x, y, z)} \mathbb{R}^{3}$, then

$$
u=u_{1} X+u_{2} Y+\left(\frac{1}{2} y u_{1}-\frac{1}{2} x u_{2}+u_{3}\right) Z .
$$

Thus, if for $u=\left(u_{1}, u_{2}, u_{3}\right), v=\left(v_{1}, v_{2}, v_{3}\right) \in \mathcal{H}_{(x, y, z)}$ we set

$$
\langle u, v\rangle=u_{1} v_{1}+u_{2} v_{2}
$$

then $\langle\cdot, \cdot\rangle$ is a Riemannian metric on $\mathcal{H}$ with respect to which $\{X, Y\}$ becomes an orthonormal frame of $\mathcal{H}$. Now the isoperimetric problem can be formulated as follows: Find the horizontal lift of $\gamma$ of minimum length that joins two fixed points of $\mathbb{R}^{3}$.

In the terminology of contact geometry a curve $\delta$ is called Legendrian, with respect to the contact structure $\mathcal{H}$, if $\dot{\delta}(t) \in \mathcal{H}_{\delta(t)}$ for all $t$. The length $L(\delta)$ of a Legendrian curve $\delta$ with respect to the Riemannian metric $\langle\cdot, \cdot\rangle$ on $\mathcal{H}$ is the same with that considered before, that is the euclidean length of the projection of $\delta$ onto its first two coordinates. For $p, q \in \mathbb{R}^{3}$ the formula

$$
d(p, q)=\inf \{L(\delta): \delta \text { is Legendrian from } p \text { to } q\}
$$

defines a new distance on $\mathbb{R}^{3}$, the contact distance, because there exist Legendrian curves from $p$ to $q$. Indeed, if $p=(0,0,0)$ and $q=\left(q_{1}, q_{2}, q_{3}\right)$, let $\gamma(t)=(x(t), y(t))$, $0 \leq t \leq T$, be a curve in $\mathbb{R}^{2}$ from $(0,0)$ to $\left(q_{1}, q_{2}\right)$ such that $q_{3}=\int_{\gamma} a$, as in Dido's problem. The lifted curve

$$
\delta(t)=\left(x(t), y(t), \int_{\gamma[0, t]} a\right), \quad 0 \leq t \leq T
$$

is then a Legendrian curve from $p$ to $q$. Also, since the Riemannian length of $\delta$ is equal to the euclidean length of $\gamma$, there is a correspondence between the geodesics of $d$ and the solutions of the dual isoperimetric problem.

The metric space $\left(\mathbb{R}^{3}, d\right)$ is isometrically homogeneous. This can be seen by introducing a group structure on $\mathbb{R}^{3}$, different from the usual one, such that the left translations are $d$-isometries. The group law defined by

$$
(x, y, z) \cdot\left(x^{\prime}, y^{\prime}, z^{\prime}\right)=\left(x+x^{\prime}, y+y^{\prime}, z+z^{\prime}+\frac{1}{2}\left(x y^{\prime}-x^{\prime} y\right)\right)
$$

makes $\left(\mathbb{R}^{3}, \cdot\right)$ a non-abelian Lie group. The left translation by $(x, y, z)$ has Jacobian matrix at each point

$$
A=\left(\begin{array}{ccc}
1 & 0 & 0 \\
0 & 1 & 0 \\
-\frac{1}{2} y & \frac{1}{2} x & 1
\end{array}\right)
$$

and $A X_{(0,0,0)}=X_{(x, y, z)}, A Y_{(0,0,0)}=Y_{(x, y, z)}$ and $A Z_{(0,0,0)}=Z_{(x, y, z)}$. Hence $\mathcal{H}$ is invariant under left translations and since each left translation leaves the orthonormal frame $\{X, Y\}$ invariant, it is a $d$-isometry. The group $\left(\mathbb{R}^{3}, \cdot\right)$ is called the Heisenberg group and has also a matrix model as a subgroup of $G L(3, \mathbb{R})$.

Let

$$
G=\left\{\left(\begin{array}{ccc}
1 & a & c \\
0 & 1 & b \\
0 & 0 & 1
\end{array}\right): a, b, c \in \mathbb{R}\right\} .
$$

This is a closed subgroup of $G L(3, \mathbb{R})$ with Lie algebra

$$
\mathfrak{g}=\left\{\left(\begin{array}{lll}
0 & a & c \\
0 & 0 & b \\
0 & 0 & 0
\end{array}\right): a, b, c \in \mathbb{R}\right\}
$$

which has basis consisting of

$$
\tilde{X}=\left(\begin{array}{lll}
0 & 1 & 0 \\
0 & 0 & 0 \\
0 & 0 & 0
\end{array}\right), \quad \tilde{Y}=\left(\begin{array}{lll}
0 & 0 & 0 \\
0 & 0 & 1 \\
0 & 0 & 0
\end{array}\right), \quad \tilde{Z}=\left(\begin{array}{lll}
0 & 0 & 1 \\
0 & 0 & 0 \\
0 & 0 & 0
\end{array}\right) .
$$

It is easy to see that the map $\phi: \mathbb{R}^{3} \rightarrow G$ defined by

$$
\phi(x, y, z)=\left(\begin{array}{ccc}
1 & x & z+\frac{1}{2} x y \\
0 & 1 & y \\
0 & 0 & 1
\end{array}\right)
$$

is a Lie group isomorphism from $\left(\mathbb{R}^{3}, \cdot\right)$ onto $G$. Moreover, $\phi_{*(0,0,0)}\left(\frac{\partial}{\partial x}\right)=\tilde{X}$, $\phi_{*(0,0,0)}\left(\frac{\partial}{\partial y}\right)=\tilde{Y}$ and $\phi_{*(0,0,0)}\left(\frac{\partial}{\partial z}\right)=\tilde{Z}$. Note that $[\tilde{X}, \tilde{Y}]=\tilde{X} \tilde{Y}-\tilde{Y} \tilde{X}=\tilde{Z}-0=\tilde{Z}$ and $[\tilde{X}, \tilde{Z}]=[\tilde{Y}, \tilde{Z}]=0$. This implies that the Heisenberg group is nilpotent of step 2.

### 1.2 Sub-Riemannian structures

The most general definition of a Sub-Riemannian structure on a smooth manifold $M$ is the following.

Definition 1.2.1. A Sub-Riemannian structure on $M$ is a triple consisting of
(i) a smooth real vector bundle $p: E \rightarrow M$ over $M$,
(ii) a Riemannian metric $g$ on this vector bundle fiberwise and
(iii) a smooth vector bundle morphism $f: E \rightarrow T M$ into the tangent bundle $T M$ of $M$.


A Sub-Riemannian manifold is a smooth manifold endowed with a SubRiemannian structure. Its horizontal distribution is the family of linear spaces $D_{x}=f\left(E_{x}\right), x \in M$, where $E_{x}=p^{-1}(x)$ is the fibre over the point $x$. The nonnegative integer $k(x)=\operatorname{dim} D_{x}$ is called the rank of the Sub-Riemannian structure at $x \in M$. If $k$ is constant, the Sub-Riemannian structure is said to be of constant rank. The Sub-Riemannian structure is a classical Riemannian structure on $M$ in case the vector bundle map $f$ is surjective.

A smooth local vector field $X$ defined on an open set $U \subset M$ is called horizontal if $X(x) \in D_{x}$ for every $x \in M$. The set of all horizontal vector fields on $U$ has the structure of a finitely generated $C^{\infty}(U)$-module.

If $f_{x}: E_{x} \rightarrow T_{x} M$ denotes the restriction of $f$ to the fibre $E_{x}$, the chain of obvious isomorphisms $\left(\operatorname{Ker} f_{x}\right)^{\perp} \cong E_{x} / \operatorname{Ker} f_{x} \cong D_{x}$ permits us to define an inner product on $D_{x}$ which varies smoothly with respect to $x$. The corresponding norm of a vector $v \in D_{x}$ is given by the formula

$$
\|v\|=\min \left\{g(u, u)^{1 / 2}: u \in E_{x} \text { and } f_{x}(u)=v\right\} .
$$

Two Sub-Riemannian structures on the same smooth manifold $M$ consisting of smooth real vector bundles $p_{i}: E_{i} \rightarrow M$ with Riemannian metrics $g_{i}$ and smooth vector bundle morphisms $f_{i}: E_{i} \rightarrow T M, i=1,2$, are called equivalent if there exist a smooth real vector bundle $p: E \rightarrow M$ endowed with a Riemannian metric $g$ and surjective smooth vector bundle morphisms $q_{i}: E \rightarrow E_{i}$, which are compatible with the Riemannian metrics on $E_{i}, i=1,2$, such that $f_{1} \circ q_{1}=f_{2} \circ q_{2}$, that is the following diagram commutes.


The compatibility condition of the Riemannian metrics implies that

$$
g_{i}\left(v_{i}, v_{i}\right)^{1 / 2}=\min \left\{g(u, u)^{1 / 2}: u \in E \text { and } q_{i}(u)=v_{i}\right\}
$$

for every $v_{i} \in E_{i}, i=1,2$. An immediate consequence is that the corresponding distributions coincide as well as the corresponding induced norms. It is rather obvious that equivalence of Sub-Riemannian structures on a given smooth manifold $M$ is an equivalence relation. For the transitivity, it suffices from the above commutative diagram and a similar commutative diagram

to consider the obvious commutative diagram

and take the product Riemannian metric on $E \oplus E^{\prime}$.
Examples 1.2.2. (a) Classically, a constant rank Sub-Riemannian structure on a smooth manifold $M$ is defined by a smooth vector subbundle of the tangent bundle of $M$ endowed with a Riemannian metric. This case is included in Definition 1.2.1 by taking the vector bundle morphism $f$ to be the inclusion.
(b) If the vector bundle morphism $f$ in Definition 1.2.1 is surjective, we have a classical Riemannian structure on $M$. In this case the commutative diagram

says that the Sub-Riemannian structure is equivalent to a Riemannian structure in the classical sense. On $E \oplus T M$ we consider the product Riemannian metric, where on $T M$ we take the Riemannian metric induced by $f$.
(c) Let $G$ be a Lie group and let $V$ be a $m$-dimensional linear subspace of its Lie algebra $\mathfrak{g}$. Then $V$ endowed with any inner product defines a Sub-Riemannian structure on $G$. In this case, the vector bundle $p: E \rightarrow G$ is the trivial vector bundle over $G$ with total space $E=G \times \mathbb{R}^{m}$. If $\left\{X_{1}, \ldots, X_{m}\right\}$ is an orthonormal basis of $V$, the vector bundle morphism $f: G \times \mathbb{R}^{m} \rightarrow T G$ is defined by

$$
f\left(g, u_{1}, \ldots, u_{m}\right)=\sum_{k=1}^{m} u_{k} X_{k}(g) .
$$

The action of $G$ onto itself by left translations is isometric.
As a special case let $G$ be a graded nilpotent Lie group. This means that

$$
\mathfrak{g}=V_{1} \oplus V_{2} \oplus \cdots \oplus V_{r}
$$

where $\left[V_{i}, V_{j}\right]=V_{i+j}$ and $V_{i}=0$ for $i>r$. Hence $G$ is nilpotent of step $r$. Taking $V=V_{1}$, we get a Sub-Riemannian structure as above. Such a Lie group $G$ is called a Carnot group.

The Heisenberg group $\mathcal{H}$ we defined in section 1.1 is the simplest non-euclidean example of a Carnot group. It has step 2 . Indeed, there are only two 3 -dimensional, simply connected, nilpotent Lie groups, namely the euclidean space $\mathbb{R}^{3}$ and the Heisenberg group $\mathcal{H}$. To see this, let $\mathfrak{g}$ be the Lie algebra of such a Lie group $G$. Since $G$ is nilpotent, $\mathfrak{g}$ has non-trivial center. Let $Z \neq 0$ be an element of the center of $\mathfrak{g}$. We complete $Z$ to a basis $\{X, Y, Z\}$ of $\mathfrak{g}$. If $[X, Y]=0$, then $\mathfrak{g}$ is abelian and $G \cong \mathbb{R}^{3}$. If $[X, Y] \neq 0$, there are $a, b, c \in \mathbb{R}$, not all three zero, such that $[X, Y]=a X+b Y+c Z$. Now $[[X, Y], Y]=a[X, Y]$ and therefore $a=0$ since $G$ is nilpotent. Similarly $b=0$. Thus, necessarily $c \neq 0$ and replacing $Z$ with $c Z$ we get a basis of $\mathfrak{g}$ consisting of elements $X$, $Y, Z$ such that $[X, Y]=Z$ and $[X, Z]=[Y, Z]=0$. Recalling that a fixed Lie algebra integrates to a unique simply connected Lie group, we conclude that $G \cong \mathcal{H}$.
(d) A higher dimensional analogue of the Heisenberg group can be defined as follows. Let $(V, \omega)$ be a $2 n$-dimensional real symplectic vector space and let $\mathfrak{g}=$ $V \oplus \mathbb{R}$, On $\mathfrak{g}$ we define a Lie bracket by

$$
[(v, t),(u, s)]=(0, \omega(v, u)] .
$$

This makes $\mathfrak{g}$ a 2 -step nilpotent graded Lie algebra. Let $\left\{X_{1}, Y_{1}, \ldots, X_{n}, Y_{n}\right\}$ be a symplectic basis of $V$. If $Z=(0,1)$, then $\left\{X_{1}, Y_{1}, \ldots, X_{n}, Y_{n}, Z\right\}$ is a basis of $\mathfrak{g}$ with $\left[X_{i}, Y_{j}\right]=Z, i \neq j$, as the only non-trivial brackets. Now $\mathfrak{g}$ integrates to a unique simply connected Lie group of dimension $2 n+1$, This is the $(2 n+1)$-dimensional Heisenberg group.
(e) Let $M$ be a smooth manifold and $\xi$ be a smooth vector subbundle of its tangent bundle $T M$ of codimension 1. Then, locally $\xi$ is the kernel of a differential

1-form $a$. Indeed, if we choose any Riemannian metric $g$ on $M$, then $T M \cong \xi \oplus \xi^{\perp}$. Locally, the line bundle $\xi^{\perp}$ is trivial and generated by a non-zero vector field $X$. If $a=g(., X)$, then $\xi=\operatorname{Ker} a$. If $T M / \xi \cong \xi^{\perp}$ is orientable, then $X$ is globally defined, because $\xi^{\perp}$ is globally trivial and $\xi=\operatorname{Ker} a$ throughout $M$.

A contact structure on a $(2 n+1)$-dimensional smooth manifold $M$ is a smooth vector subbundle $\xi$ of $T M$ of rank $2 n$ which is the kernel of a maximally nonintegrable differential 1-form $a$ on $M$, meaning that $a \wedge(d a)^{n} \neq 0$ all over $M$. If we put a Riemannian metric on $\xi$, we get a Sub-Riemannian structure, which is said to be of contact type. A contact manifold is an odd dimensional smooth manifold endowed with a contact structure. A concrete example is the Heisenberg group. Another important class of examples of contact manifolds are the pre-quantizations of symplectic manifolds. In such a case the contact manifold is the total space of a circle bundle over the given symplectic manifold.
(f) Let $M, N$ be Riemannian manifolds and let $p: M \rightarrow N$ be a Riemannian submersion. This means that the tangent bundle of $M$ splits as a Whitney direct $\operatorname{sum} T M=\operatorname{Ker} p_{*} \oplus H$, where $H=\left(\operatorname{Ker} p_{*}\right)^{\perp}$ and $\left.p_{* x}\right|_{H_{x}}: H_{x} \rightarrow T_{p(x)} N$ is a linear isometry of inner product vector spaces for every $x \in M$. The smooth vector subbundle $H$ of $T M$ defines a Sub-Riemannian structure of constant rank on $M$ in the obvious way. This is usually called a Sub-Riemannian structure of bundle type. The most well known example of Riemannian submersion is the Hopf map $p: S^{2 n+1} \rightarrow \mathbb{C} P^{n}$, if on $\mathbb{C} P^{n}$ we consider the Fubini-Study metric. Actually, this is a convenient way to define the Fubini-Study metric.

As a special case, let $G$ be a Lie group and $p: Q \rightarrow N$ be a smooth principal $G$ bundle. Then $p$ is a Riemannian submersion if and only if $G$ acts on $Q$ by isometries of a Riemannian metric, in which case we have an induced Riemannian metric on $N$ making $p$ Riemannian submersion. The corresponding horizontal distribution $H$ is that of a connection on the bundle. This is the case in the example of the Hopf map.

A Sub-Riemannian structure on a smooth manifold $M$ as defined in Definition 1.2 .1 is called free if the vector bundle $p: E \rightarrow M$ is trivial, that is $E=M \times \mathbb{R}^{m}$ for some $m \in \mathbb{N}$ and $p$ is the projection, and the Riemannian metric on $E$ is the usual euclidean metric on $\mathbb{R}^{m}$. In this case, if we define $X_{k}=f\left(., e_{k}\right), 1 \leq k \leq m$, then the horizontal distribution $D=\left\{D_{x}: x \in M\right\}$ is globally generated by the set of smooth vector fields $\left\{X_{1}, X_{2}, \ldots, X_{m}\right\}$ of $M$. This means that for every vector $u \in D_{x}$ there exist $u_{1}, u_{2}, \ldots, u_{m} \in \mathbb{R}$ such that

$$
u=\sum_{k=1}^{m} u_{k} X_{k}(x)
$$

This expansion of $u$ may not be unique because the vectors $X_{1}(x), X_{2}(x), \ldots, X_{k}(x)$ may be linearly dependent. The Sub-Riemannian structure described in Example $1.2 .2(\mathrm{c})$ is free.

Proposition 1.2.3. Every Sub-Riemannian structure on a smooth manifold $M$ is equivalent to a free one.

Proof. Suppose that we are given a Sub-Riemannian structure on $M$ as in Definition 1.2.1. There exists a smooth vector bundle $\tilde{p}: \tilde{E} \rightarrow M$ whose Whitney direct sum with $p: E \rightarrow M$ is a trivial vector bundle over $M$. So there exists some $m \in \mathbb{N}$ such that $E \oplus \tilde{E}=M \times \mathbb{R}^{m}$. On $\tilde{E}$ we choose any fiberwise Riemannian metric and on $E \oplus \tilde{E}$ we consider the product metric, so that $E$ and $\tilde{E}$ become orthogonal vector bundles. Let $p_{1}: E \oplus \tilde{E} \rightarrow E$ denote the projection. On $M$ we have now a free Sub-Riemannian structure consisting of the trivial smooth vector bundle $E \oplus \tilde{E}=M \times \mathbb{R}^{m} \rightarrow M$ endowed with the above product metric and the smooth vector bundle morphism $f \circ p_{1}: E \oplus \tilde{E} \rightarrow T M$. The commutative diagram

says that the initial Sub-Riemannian structure is equivalent to the constructed free Sub-Riemannian structure, because the involved surjective vector bundle morphisms id : $E \oplus \tilde{E} \rightarrow E \oplus \tilde{E}$ and $p_{1}: E \oplus \tilde{E} \rightarrow E$ are trivially compatible with the Riemannian metrics.

It follows from Proposition 1.2.3 that for every Sub-Riemannian structure on a smooth manifold $M$ there exists a sufficiently large number of globally defined smooth vector fields on $M$ which generate the corresponding horizontal distribution.

### 1.3 Horizontal curves

Let $M$ be a Sub-Riemannian manifold whose Sub-Riemannian structure consists of the smooth real vector bundle $p: E \rightarrow M$ endowed with the Riemannian metric $g$ and the smooth vector bundle morphism $f: E \rightarrow T M$ with corresponding horizontal distribution $D=\left\{D_{x}: x \in M\right\}$. An absolutely continuous curve $\gamma: I \rightarrow M$, where $I \subset \mathbb{R}$ is an interval, is called horizontal (or admissible) if there exists a measurable map $u: I \rightarrow E$ such that $u(t) \in E_{\gamma(t)}$ and $\dot{\gamma}(t)=f(\gamma(t), u(t)) \in D_{\gamma(t)}$ a.e. on $I$. Such a measurable map $u$ is called a control function for $\gamma$ and may not be unique. By Proposition 1.2.3, the Sub-Riemannian structure is equivalent to a free one and there exist globally defined horizontal smooth vector fields $X_{1}, X_{2}, \ldots, X_{m}$, for some large enough $m \in \mathbb{N}$, which generate $D$. As the proof of Proposition 1.2.3 shows, the control function $u$ for $\gamma$ lifts to a measurable function $\left(u_{1}, u_{2}, \ldots, u_{m}\right): I \rightarrow \mathbb{R}^{m}$ whose pointwise norm is equal to $|u|=(g(u, u))^{1 / 2}$ and such that

$$
\dot{\gamma}(t)=\sum_{k=1}^{m} u_{k}(t) X_{k}(\gamma(t))
$$

for almost all $t \in I$.

Example 1.3.1. On $\mathbb{R}^{2}$ we consider the free Sub-Riemannian structure defined by the vector bundle morphism $f: \mathbb{R}^{2} \times \mathbb{R}^{2} \rightarrow T \mathbb{R}^{2} \cong \mathbb{R}^{2} \times \mathbb{R}^{2}$ with

$$
f\left((x, y),\left(v_{1}, v_{2}\right)\right)=\left((x, y),\left(v_{1}, x^{2} v_{2}\right)\right)
$$

The rank of this Sub-Riemannian structure is 2 on $\mathbb{R}^{2} \backslash\{(0, y): y \in \mathbb{R}\}$ and 1 at the points on the line $\{(0, y): y \in \mathbb{R}\}$. Its horizontal distribution is generated by the smooth vector fields

$$
X=\frac{\partial}{\partial x} \quad \text { and } \quad Y=x^{2} \frac{\partial}{\partial y}
$$

Let $\gamma:[-1,1] \rightarrow \mathbb{R}^{2}$ be the smooth curve $\gamma(t)=\left(t, t^{2}\right)$ whose velocity is

$$
\dot{\gamma}(t)=X(\gamma(t))+\frac{2}{t} Y(\gamma(t))
$$

for $t \neq 0$ and $\dot{\gamma}(0)=X(\gamma(0))$. So, we have a control function $u=\left(u_{1}, u_{2}\right)$ where $u_{1}(t)=1$ for every $-1 \leq t \leq 1$ and $u_{2}:[-1,1] \rightarrow \mathbb{R}$ is defined by

$$
u_{2}(t)= \begin{cases}\frac{2}{t}, & \text { for } t \in[-1,1] \backslash\{0\} \\ 0, & \text { for } t \neq 0\end{cases}
$$

Note that although $u_{2}$ is measurable, it is not continuous, not even $L^{1}$. On the trivial vector bundle $\mathbb{R}^{2} \times \mathbb{R}^{2}$ we consider the euclidean metric. Then, for the induced norm on the horizontal distribution we have $\|\dot{\gamma}(t)\|^{2}=\left(u_{1}(t)\right)^{2}+\left(u_{2}(t)\right)^{2}$. This leads to the notion of minimal control.

If $\gamma: I \rightarrow M$ is a horizontal curve on the Sub-Riemannian manifold $M$, then for almost every $t \in I$ there exists a unique element $u^{*}(t) \in\left(\operatorname{Ker} f_{\gamma(t)}\right)^{\perp} \leq E_{\gamma(t)}$ such that $\|\dot{\gamma}(t)\|=\left(g\left(u^{*}(t), u^{*}(t)\right)\right)^{1 / 2}=\left|u^{*}(t)\right|$. This almost everywhere defined control function $u^{*}$ is called the minimal control associated to $\gamma$ and may not be continuous even in case $\gamma$ is smooth, as the previous Example 1.3.1 shows. The fact that $u^{*}$ is indeed measurable is not so obvious and follows from the following.

Lemma 1.3.2. Let $I \subset \mathbb{R}$ be an interval and let $K \subset \mathbb{R}^{m}$ be a compact set. Let $h: I \times K \rightarrow \mathbb{R}^{m}$ and $u: I \rightarrow \mathbb{R}^{m}$ be two functions with the following properties:
$(\mathrm{P} 1) h(., x): I \rightarrow \mathbb{R}^{m}$ is measurable for every $x \in K$ and $h(t,):. K \rightarrow \mathbb{R}^{m}$ is continuous for every $t \in I$.
(P2) $u$ is measurable.
(P3) For every $t \in I$ there exists a unique $u^{*}(t) \in \mathbb{R}^{m}$ such that

$$
\left\|u^{*}(t)\right\|=\min \{\|x\|: h(t, x)=u(t), \quad x \in K\}
$$

Then $u^{*}: I \rightarrow \mathbb{R}^{m}$ is measurable.

Proof. As a first step we show that the function $\phi=\left\|u^{*}\right\|: I \rightarrow \mathbb{R}$ is measurable. For this it suffices to prove that the set $\phi^{-1}([0, c])$ is measurable for every $c>0$. The definition of $u^{*}$ implies that

$$
\phi^{-1}([0, c])=\{t \in I: h(t, x)=u(t) \text { and }\|x\| \leq c \text { for some } x \in K\} .
$$

If $A$ is a countable dense subset of $K$ and

$$
C_{a, l}=\left\{t \in I:\|h(t, a)-u(t)\|<\frac{1}{l}\right\}, \quad a \in A, l \in \mathbb{N},
$$

it suffices to prove that $\phi^{-1}([0, c])=\bigcap_{l=1}^{\infty} \bigcup_{a \in A \cap \overline{B(0, c)}} C_{a, l}$.
Indeed, if $t \in \phi^{-1}([0, c])$, there exists some $x \in K$ such that $h(t, x)=u(t)$ and $\|x\| \leq c$. Since $h(t,$.$) is continuous, for every l \in \mathbb{N}$ there exists $a \in A$ such that $\|a\| \leq c$ and $\|h(t, a)-u(t)\|<\frac{1}{l}$.

Conversely, let $t \in \bigcap_{l=1}^{\infty} \bigcup_{a \in A \cap \overline{B(0, c)}} C_{a, l}$, that is for every $l \in \mathbb{N}$ there exists $a_{l} \in A$ such that $\left\|a_{l}\right\| \leq c$ and $\left\|h\left(t, a_{l}\right)-u(t)\right\|<\frac{1}{l}$. Since $K \cap \overline{B(0, c)}$ is compact, the sequence $\left(a_{l}\right)_{l \in \mathbb{N}}$ has some limit point $x \in K \cap \overline{B(0, c)}$. The continuity of $h(t,$. implies that $\|h(t, x)-u(t)\|=0$.

We proceed now to show that $u^{*}$ is measurable. Let $F \subset K$ be a closed set. Arguing as above, we consider the sets

$$
G_{a, l}=\left\{t \in I:\|h(t, a)-u(t)\|<\frac{1}{l} \text { and }\|a\|<\left\|u^{*}(t)\right\|+\frac{1}{l}\right\}, \quad a \in A, l \in \mathbb{N} .
$$

Since $\left\|u^{*}\right\|$ is measurable, each $G_{a, l}$ is measurable and so it suffices to prove that

$$
\left(u^{*}\right)^{-1}(F)=\bigcap_{l=1}^{\infty} \bigcup_{a \in A} G_{a, l} .
$$

Indeed, if $u^{*}(t) \in F$, then the definition of $u^{*}$ and the continuity of $h(t,$.$) imply$ that for every $l \in \mathbb{N}$ there exists some $a \in A$ such that $0 \leq\|a\|-\left\|u^{*}(t)\right\|<\frac{1}{l}$ and $\|h(t, a)-u(t)\|<\frac{1}{l}$.

Conversely, if $t \in \bigcap_{l=1}^{\infty} \bigcup_{a \in A} G_{a, l}$, then for every $l \in \mathbb{N}$ there exists $a_{l} \in A$ such that $\left\|a_{l}\right\|<\left\|u^{*}(t)\right\|+\frac{1}{l}$ and $\left\|h\left(t, a_{l}\right)-u(t)\right\|<\frac{1}{l}$. By compactness, the sequence $\left(a_{l}\right)_{l \in \mathbb{N}}$ has some limit point $x \in F$ and then $\|x\| \leq\left\|u^{*}(t)\right\|$ and $\|h(t, x)-u(t)\|=0$. By the definition of $u^{*}(t)$ we must necessarily have $u^{*}(t)=x \in F$. This concludes the proof.

If now $u^{*}$ is the minimal control of a horizontal curve $\gamma: I \rightarrow M$ we apply Lemma 1.3.2 setting $h(t, x)=f(\gamma(t), x)$. The assumptions of the lemma are obviously satisfied and thus $u^{*}$ is measurable. If in addition there exists a control $u$ for $\gamma$ such that $|u| \in L^{1}$, then also $\left|u^{*}\right| \in L^{1}$.

Definition 1.3.3. Let $a, b \in \mathbb{R}$, with $a<b$ and let $\gamma:[a, b] \rightarrow M$ be a horizontal curve with $L^{1}$ controls. The Sub-Riemannian length of $\gamma$ is

$$
L(\gamma)=\int_{a}^{b}\|\dot{\gamma}(t)\| d t=\int_{a}^{b}\left|u^{*}(t)\right| d t
$$

where $u^{*}$ is the minimal control associated to $\gamma$.
The Sub-Riemannian length of horizontal curves with $L^{1}$ controls remains invariant under strictly monotone absolutely continuous reparametrizations. Let $c$, $d \in \mathbb{R}$ with $c<d$ and let $\phi:[c, d] \rightarrow[a, b]$ be increasing, absolutely continuous and surjective. We assume further that $\gamma \circ \phi$ is absolutely continuous, which is true in case $\phi$ is strictly increasing. If $u^{*}$ is the minimal control associated with $\gamma$, from the chain rule follows that the minimal control associated to the horizontal curve $\gamma \circ \phi$ is $\phi^{\prime}\left(u^{*} \circ \phi\right)$. Since $\left|u^{*}\right| \in L^{1}$, from the change of variables formula (for Lebesgue integrals) we have $\phi^{\prime}\left|u^{*} \circ \phi\right| \in L^{1}$ and

$$
L(\gamma \circ \phi)=\int_{c}^{d}\left|u^{*}(\phi(t))\right| \phi^{\prime}(t) d t=\int_{a}^{b}\left|u^{*}(t)\right| d t=L(\gamma) .
$$

A horizontal curve $\gamma:[0, T] \rightarrow M, T>0$, is said to be parametrized by arclength if $\|\dot{\gamma}(t)\|=1$ for almost all $t \in[0, T]$. A horizontal curve $\gamma$ parametrized by arclength has automatically $L^{\infty}$ controls and $L(\gamma)=T$.

Proposition 1.3.4. Every horizontal curve $\gamma:[0, T] \rightarrow M, T>0$, with $L^{1}$ controls and with positive length is an absolutely continuous, monotone reparametrization of a horizontal curve which is parametrized by arc length.

Proof. Let $u^{*}$ be the minimal control associated with $\gamma$ and let $\phi:[0, T] \rightarrow[0, L(\gamma)]$ be the length function of $\gamma$ defined by

$$
\phi(t)=\int_{0}^{t}\left|u^{*}(s)\right| d s
$$

which is increasing and absolutely continuous, because $\left|u^{*}\right| \in L^{1}$. If $\phi\left(t_{1}\right)=\phi\left(t_{2}\right)$ and $t_{1}<t_{2}$, then $\dot{\gamma}=0$ a.e. on $\left[t_{1}, t_{2}\right]$ and so $\gamma$ is constant on $\left[t_{1}, t_{2}\right]$. Thus, there exists a well defined map $\delta:[0, L(\gamma)] \rightarrow M$ such that $\gamma=\delta \circ \phi$.


In order to show that $\delta$ is absolutely continuous, let $U$ be the domain of a chart on $M$ contained in a lager compact set over which $p: E \rightarrow M$ is trivial. Then, by equivalence of norms in finite dimensional vector spaces and continuity, there exists a constant $c>0$ such that

$$
\left\|\gamma\left(t_{2}\right)-\gamma\left(t_{1}\right)\right\| \leq c \int_{t_{1}}^{t_{2}}\left|u^{*}(s)\right| d s
$$

for $0 \leq t_{1}<t_{2} \leq T$ with $\gamma\left(\left[t_{1}, t_{2}\right]\right) \subset U$. In the left hand side of the above inequality by abuse of notation we have denoted again with $\gamma$ the local presentation of the curve with respect to the chart on $U$ and by $\|$.$\| the euclidean norm. From this we get$

$$
\left\|\delta\left(\phi\left(t_{2}\right)\right)-\delta\left(\phi\left(t_{1}\right)\right)\right\| \leq c\left|\phi\left(t_{2}\right)-\phi\left(t_{1}\right)\right| .
$$

This shows that $\delta$ is Lipschitz and hence absolutely continuous.
Finally, in order to prove that $\delta$ is horizontal and parametrized by arclength, we need to find a control for $\delta$ of norm equal to 1 pointwise. For this it suffices to define

$$
v(s)=\frac{1}{\left|u^{*}(t)\right|} u^{*}(t), \quad \text { for } s=\phi(t)
$$

This is well defined a.e. as the following Lemma 1.3.5 shows. From the chain rule we have

$$
f\left(\gamma(t), u^{*}(t)\right)=\dot{\gamma}(t)=\phi^{\prime}(t) \dot{\delta}(s)
$$

and from fiberwise linearity $f(\delta(s), v(s))=\dot{\delta}(s)$, since $\phi^{\prime}=\left|u^{*}\right|$ a.e.

In the proof of Proposition 1.3.4 we have used the following measure theoretic fact which is a consequence of Vitali's covering theorem.

Lemma 1.3.5. Let $\phi:[0,1] \rightarrow \mathbb{R}$ be an increasing absolutely continuous function. If $A=\left\{t \in[0,1]: \phi^{\prime}(t)\right.$ exists and $\left.\phi^{\prime}(t)=0\right\}$, then $\phi(A)$ has Lebesgue measure zero.

Proof. Let $\epsilon>0$ and let $\delta>0$ correspond to $\epsilon$ as in the definition of absolute continuity for $\phi$. For every $t \in A$ there exists $\delta_{t}>0$ such that $\left(t-\delta_{t}, t+\delta_{t}\right) \subset(0,1)$ and

$$
\frac{|\phi(t+h)-\phi(t)|}{|h|}<\epsilon
$$

whenever $0<|h|<\delta_{t}$.
The family $\mathcal{U}=\left\{[t, t+h]: t \in A\right.$ and $\left.0<h<\delta_{t}\right\}$ is a Vitali cover. By Vitali's covering theorem, there exists a countable subfamily of $\mathcal{U}$ consisting of pairwise disjoint intervals $I_{k}=\left[t_{k}, t_{k}+h_{k}\right], k \in \mathbb{N}$, such that

$$
\lambda\left(A \cap\left(\bigcup_{k=1}^{\infty} I_{k}\right)^{c}\right)=0
$$

where $\lambda$ denotes the Lebesgue measure. Thus, there exists a countable family of closed intervals $J_{k}, k \in \mathbb{N}$, such that

$$
A \cap\left(\bigcup_{k=1}^{\infty} I_{k}\right)^{c} \subset \bigcup_{k=1}^{\infty} J_{k} \quad \text { and } \quad \sum_{k=1}^{\infty} \lambda\left(J_{k}\right)<\delta
$$

Now

$$
\phi(A) \subset \bigcup_{k=1}^{\infty} \phi\left(I_{k}\right) \cup \bigcup_{k=1}^{\infty} \phi\left(J_{k}\right)
$$

and $\phi\left(I_{k}\right), \phi\left(J_{k}\right), k \in \mathbb{N}$, are intervals. Since $\phi$ is assumed to be increasing, we have

$$
\sum_{k=1}^{\infty} \lambda\left(\phi\left(I_{k}\right)\right)<\epsilon \sum_{k=1}^{\infty} h_{k} \leq \epsilon
$$

On the other hand, let $F_{m}=\bigcup_{k=1}^{m} J_{k}$ and let $F_{m, 1}, \ldots, F_{m, l}$ be the connected components of $F_{m}$. Since $\sum_{j=1}^{l} \lambda\left(F_{m, j}\right)<\delta$, the absolute continuity of $\phi$ gives

$$
\lambda\left(\phi\left(F_{m}\right)\right)=\lambda\left(\bigcup_{j=1}^{m} \phi\left(F_{m, j}\right)\right) \leq \sum_{j=1}^{m} \lambda\left(\phi\left(F_{m, j}\right)\right)<\epsilon .
$$

This holds for every $m \in \mathbb{N}$, which means that

$$
\sum_{k=1}^{\infty} \lambda\left(\phi\left(J_{k}\right)\right)=\sup \left\{\lambda\left(\phi\left(F_{m}\right)\right): m \in \mathbb{N}\right\} \leq \epsilon .
$$

Therefore,

$$
\sum_{k=1}^{\infty} \lambda\left(\phi\left(I_{k}\right)\right)+\sum_{k=1}^{\infty} \lambda\left(\phi\left(J_{k}\right)\right) \leq 2 \epsilon
$$

This proves that $\phi(A)$ is a set of Lebesgue measure zero.

## Chapter 2

## Sub-Riemannian manifolds as length metric spaces

### 2.1 The Sub-Riemannian distance

As in the case of a Riemannian manifold, if $M$ is a connected Sub-Riemannian manifold, we can define the "distance" of two points $x, y \in M$ in a similar way. More precisely, the Sub-Riemannian distance (also known as Carnot-Caratheodory distance) of $x$ and $y$ is defined to be

$$
d(x, y)=\inf \left\{L(\gamma): \gamma \text { is a horizontal curve in } M \text { with } L^{1} \text { controls from } x \text { to } y\right\} .
$$

It is obvious that $d$ is symmetric and satisfies the triangle inequality. Also $d(x, x)=0$ for every $x \in M$. However, $d(x, y)$ may be infinite, because there may not exist any horizontal curve from $x$ to $y$. For example, if $E \subset T M$ is (the total space of) an integrable subbundle of the tangent bundle of $M$, then there exists a horizontal curve in $M$ from $x$ to $y$ if and only if $x$ and $y$ belong to the same leaf of the foliation to which $E$ integrates. So we have to answer the following:

Question 2.1.1. Under what sufficient conditions $d$ is a distance function? In particular, under what conditions on the Sub-Riemannian structure of $M$ any two points $x, y \in M$ can be connected with a horizontal curve?

In the Riemannian case, the topology induced by $d$ coincides with the original manifold topology.

Question 2.1.2. If $d$ is a distance, does it induce the original manifold topology?
This chapter is devoted to giving satisfactory answers to these two questions. Recall however that in Riemannian Geometry the distance can be realized by minimizing geodesics.

Definition 2.1.3. A horizontal curve $\gamma:[0, T] \rightarrow M, T>0$, with $L^{1}$ controls is called a length minimizer if $L(\gamma)=d(\gamma(0), \gamma(T))$.

In Riemannian Geometry geodesics are smooth curves.
Question 2.1.4. Are all Sub-Riemannian length minimizers smooth?
This question will be answered in chapter 3, which is devoted to the study of Sub-Riemannian geodesics. As in Riemannian Geometry, it is sometimes more convenient to work with the energy of curves instead of the length.

Definition 2.1.5. The energy of a horizontal curve $\gamma:[0, T] \rightarrow M, T>0$, with $L^{2}$ controls is

$$
J(\gamma)=\frac{1}{2} \int_{0}^{T}\|\dot{\gamma}(t)\|^{2} d t
$$

and is not invariant under reparametrizations.
Proposition 2.1.6. For any $x, y \in M$ let

$$
e(x, y)=\inf \left\{2 J(\gamma): \gamma:[0,1] \rightarrow M \text { is horizontal with } L^{2} \text { controls from } x \text { to } y\right\} .
$$

Then, $(d(x, y))^{2}=e(x, y)$. Moreover, a horizontal curve $\gamma:[0,1] \rightarrow M$ with $L^{2}$ controls from $x$ to $y$ is an energy minimizer if and only if it is a length minimizer and $\|\dot{\gamma}\|$ is constant a.e.

Proof. If there is no horizontal curve with $L^{1}$ controls from $x$ to $y$, both $d(x, y)$ and $e(x, y)$ are equal to infinity. So we assume that there are horizontal curves with $L^{2}$ controls from $x$ to $y$. From the Cauchy-Schwarz inequality we have

$$
(L(\gamma))^{2}=\left(\int_{0}^{1}\|\dot{\gamma}(t)\| d t\right)^{2} \leq \int_{0}^{1}\|\dot{\gamma}(t)\|^{2} d t=2 J(\gamma)
$$

and the equality holds if and only if $\|\dot{\gamma}\|$ is constant a.e. Hence $(d(x, y))^{2} \leq e(x, y)$. To prove the reverse inequality, for every $\epsilon>0$ there exists a horizontal curve $\gamma:[0,1] \rightarrow M$ with $L^{1}$ controls from $x$ to $y$ such that $L(\gamma) \leq d(x, y)+\epsilon$. By Proposition 1.3.4, $\gamma$ is the absolutely continuous, increasing reparametrization of a horizontal curve $\delta:[0,1] \rightarrow M$ from $x$ to $y$ with $\|\dot{\delta}\|=L(\gamma)$ a.e. Consequently,

$$
2 J(\delta)=(L(\gamma))^{2} \leq(d(x, y)+\epsilon)^{2} .
$$

This shows that $e(x, y) \leq(d(x, y)+\epsilon)^{2}$ for every $\epsilon>0$ and hence $e(x, y)=(d(x, y))^{2}$. The second assertion is obvious from the above.

### 2.2 The Lie bracket generating condition

Let $\mathcal{A}$ be a real Lie algebra and let $F \subset \mathcal{A}$. The Lie subalgebra of $\mathcal{A}$ generated by $F$ is the smallest Lie subalgebra of $\mathcal{A}$ which contains $F$ and will be denoted by $\operatorname{Lie}(F)$. We shall give a description of $\operatorname{Lie}(F)$. Let $F^{1}=\langle F\rangle$, where $\langle\cdot\rangle$ denotes span as a vector space. We define inductively

$$
F^{j+1}=F^{j}+\left\langle\left[F^{1}, F^{j}\right]>, \quad j \in \mathbb{N},\right.
$$

where $\left[F^{1}, F^{j}\right]=\left\{X, Y: X \in F^{1}, Y \in F^{j}\right\}$. Obviously,

$$
F^{1} \subset F^{2} \subset \cdots \subset F^{j} \subset F^{j+1} \subset \cdots \subset \mathcal{A}
$$

Lemma 2.2.1. $\left[F^{i}, F^{j}\right] \subset F^{i+j}$ for every $i, j \in \mathbb{N}$.
Proof. This holds by definition for $i=1$ and $j \in \mathbb{N}$. For $i=2$ and all $j \in \mathbb{N}$ we have (suppressing the spans $<\cdot>$ )

$$
\begin{gathered}
{\left[F^{2}, F^{j}\right]=\left[F^{1}+\left[F^{1}, F^{1}\right], F^{j}\right]=\left[F^{1}, F^{j}\right]+\left[\left[F^{1}, F^{1}\right], F^{j}\right]} \\
\subset F^{j+1}+\left[\left[F^{1}, F^{j}\right], F^{1}\right]+\left[\left[F^{j}, F^{1}\right], F^{1}\right]=F^{j+1}+\left[\left[F^{1}, F^{j}\right], F^{1}\right] \\
\subset F^{j+1}+\left[F^{j+1}, F^{1}\right]=F^{j+2}
\end{gathered}
$$

For the proof of the general formula we use induction with repect to $i$. Suppose that $\left[F^{i-1}, F^{j}\right] \subset F^{i-1+j}$ for all $j \in \mathbb{N}$. Then,

$$
\begin{gathered}
{\left[F^{i}, F^{j}\right]=\left[F^{i-1}, F^{j}\right]+\left[\left[F^{1}, F^{i-1}\right], F^{j}\right] \subset F^{i-1+j}+\left[\left[F^{i-1}, F^{j}\right], F^{1}\right]+\left[\left[F^{j}, F^{1}\right], F^{i-1}\right]} \\
\subset F^{i-1+j}+\left[F^{i-1+j}, F^{1}\right]+\left[F^{j+1}, F^{i-1}\right] \subset F^{i+j}+\left[F^{i-1}, F^{j+1}\right] \subset F^{i+j} .
\end{gathered}
$$

If $F^{\infty}=\bigcup_{j=1}^{\infty} F^{j}$, then $F^{\infty}$ is a Lie subalgebra of $\mathcal{A}$, by Lemma 2.2.1, and thus $\operatorname{Lie}(F) \subset F^{\infty}$. On the other hand, by definition $F^{1}=<F>\subset \operatorname{Lie}(F)$ and inductively we have $F^{j+1}=F^{j}+<\left[F^{1}, F^{J}\right]>\subset \operatorname{Lie}(F)$. Consequently,

$$
\operatorname{Lie}(F)=\bigcup_{j=1}^{\infty} F^{j}
$$

Note that if $F^{j_{0}+1}=F^{j_{0}}$ for some $j_{0} \in \mathbb{N}$, then $\operatorname{Lie}(F)=F^{j_{0}}$. So, if $\mathcal{A}$ is finite dimensional, there always exists some $j_{0} \in \mathbb{N}$ such that

$$
<F>=F^{1} \subset F^{2} \subset \cdots \subset F^{j_{0}}=\operatorname{Lie}(F)
$$

Let now $M$ be a connected Sub-Riemannian manifold with corresponding horizontal distribution $D$. Let $\mathcal{D}$ denote the subsheaf of the tangent sheaf $\mathcal{T} \mathcal{M}$ of $M$ consisting of germs of horizontal local smooth vector fields. As in the case of Lie algebras we have a flag of subsheaves

$$
\mathcal{D}=\mathcal{D}^{1} \subset \mathcal{D}^{2} \subset \cdots \subset \mathcal{D}^{j} \subset \mathcal{D}^{j+1} \subset \cdots \subset \mathcal{T} \mathcal{M}
$$

where $\mathcal{D}^{j+1}=\mathcal{D}^{j}+<\left[\mathcal{D}^{1}, \mathcal{D}^{j}\right]>$, the span taken over the germs of smooth functions defined on open subsets of $M$.

Definition 2.2.2. The Sub-Riemannian structure of the connected SubRiemannian manifold $M$ is said to be Lie bracket generating if for every $x \in M$ there exists $r(x) \in \mathbb{N}$ such that $\mathcal{D}_{x}^{r(x)-1} \neq \mathcal{D}_{x}^{r(x)}=\mathcal{T} \mathcal{M}_{x}$. We call $r(x)$ the step (or degree of non-holonomy) of the Sub-Riemannian structure of $M$ at the point $x \in M$. If $e v_{x}: \mathcal{D}^{i} \rightarrow T_{x} M$ denotes the evaluation at $x \in M$ and $D_{x}^{i}=e v_{x}\left(\mathcal{D}_{x}^{i}\right)$,
$1 \leq i \leq r(x)$, we also put $n_{j}(x)=\operatorname{dim} D_{x}^{j}$ and call $\left(n_{1}(x), n_{2}(x), \ldots, n_{r(x)}(x)\right)$ the growth vector at $x$.

The step may vary from point to point and in this case $\mathcal{D}^{j}$ is a sheaf which does not arise as a sheaf of germs of smooth sections of a vector subbundle of the tangent bundle $T M$ of $M$.

Definition 2.2.3. The Sub-Riemannian structure of $M$ is called regular at the point $x \in M$ if the growth vector is constant on an open neighbourhood of $x$. If the growth vector is constant throughout $M$, then the Sub-Riemannian structure is called equiregular.

The continuity of linear independence implies that if the Sub-Riemannian structure is Lie bracket generating, then the step $r$ is an upper semicontinuous function on $M$ and each $n_{j}$, is a lower semicontinuous function, because every point $x \in M$ has an open neighbourhood $V$ such that $r(y) \leq r(x)$ for every $y \in V$. Moreover, the set $W_{j} \subset V$ of points at which $n_{j}$ takes its maximal value on $V$ is not empty and open, since $n_{j}$ is lower semicontinuous. Thus, the set $W_{1} \cap W_{2} \cap \cdots \cap W_{r(x)}$ is open and consists of regular points. Therefore, the set of regular points is an open and dense subset of $M$.

Examples 2.2.4. (a) The Sub-Riemannian structure of the Heisenberg group is free and of contact type and defined by the subbundle of the tangent bundle $T \mathbb{R}^{3}$ of $\mathbb{R}^{3}$ which is the kernel of the differential 1 -form

$$
\omega=d z-\frac{1}{2}(x d y-y d x)
$$

It is generated by the globally defined smooth vector fields

$$
X=\frac{\partial}{\partial x}-\frac{1}{2} y \frac{\partial}{\partial z}, \quad Y=\frac{\partial}{\partial y}+\frac{1}{2} x \frac{\partial}{\partial z} .
$$

Since $[X, Y]=\frac{\partial}{\partial z}$, it follows that the Sub-Riemannian structure of the Heisenberg group is Lie bracket generating of constant step 2 and growth vector $(2,3)$. In particular, it is equiregular.
(b) The Martinet distribution on $\mathbb{R}^{3}$ is the kernel of the differential 1-form

$$
\omega=d z-y^{2} d x
$$

and is a Sub-Riemannian structure of constant rank 2. The kernel of $\omega$ is generated by the globally defined smooth vector fields

$$
X=\frac{\partial}{\partial x}+y^{2} \frac{\partial}{\partial z} \quad \text { and } \quad Y=\frac{\partial}{\partial y} .
$$

Since $[X, Y]=-2 y \frac{\partial}{\partial z}$ and $[[X, Y], Y]=2 y \frac{\partial}{\partial z}$, the Martinet distribution is Lie bracket generating. The growth vector outside the plane $y=0$ is $(2,3)$ and on that
plane it is $(2,2,3)$. Thus, this distribution is not equiregular, as no point of the plane $y=0$ is regular.
(c) On $\mathbb{R}^{3}$ we consider the Sub-Riemannian structure of constant rank 2 defined by the subbundle of $T \mathbb{R}^{3}$ which is generated by the globally defined smooth vector fields

$$
X=\frac{\partial}{\partial x} \quad \text { and } \quad Y=\frac{\partial}{\partial y}+x z \frac{\partial}{\partial z}
$$

Then we have

$$
[X, Y]=z \frac{\partial}{\partial z}, \quad[X,[X, Y]]=0, \quad[Y,[X, Y]]=0
$$

Hence off the plane $z=0$ this Sub-Riemannian structure is Lie bracket generating of step 2, but is not Lie bracket generating at the points of this plane.

### 2.3 The Chow-Rashevskii Theorem

This section is devoted to the proof of the following theorem which gives answers to Questions 2.1.1 and 2.1.2.

Theorem 2.3.1. (W-L. Chow and P.K. Rashevskii) Let $M$ be a connected smooth Sub-Riemannian n-manifold with corresponding Sub-Riemannian "distance" d. If the Sub-Riemannian structure of $M$ satisfies the Lie bracket generating condition, then $(M, d)$ is a metric space and the topology induced by $d$ coincides with the manifold topology.

The proof will be divided into steps. The most crucial and informative step is the following.

Proposition 2.3.2. Let $M$ be a smooth Sub-Riemannian n-manifold. If the Sub-Riemannian structure of $M$ satisfies the Lie bracket generating condition, then for every $x \in M$ and every $\epsilon>0$ there exists an open neighbourhood $U$ of $x$ in $M$ such that every point of $U$ can be joined in $M$ to $x$ with a piecewise smooth horizontal curve with $L^{\infty}$ controls of length at most $\epsilon$.

Proof. There exists an open neighbourhood of the point $x \in M$ over which the horizontal distribution is generated (over $C^{\infty}$ functions) be a finite set of horizontal smooth vector fields $X_{1}, X_{2}, \ldots, X_{m}$ for some $m \in \mathbb{N}$. Let $\Phi^{i}$ be the (local) flow of $X_{i}, 1 \leq i \leq m$. We shall show first that for every open neighbourhood $V$ of $0 \in \mathbb{R}^{n}$ there exist $\left(s_{1}, s_{2}, \ldots, s_{n}\right) \in V$ and $1 \leq i_{1}, i_{2}, \ldots, i_{n} \leq m$ such that $\left(s_{1}, s_{2}, \ldots, s_{n}\right)$ is a regular point of the smooth map $\psi: V \rightarrow M$ defined by

$$
\psi\left(t_{1}, t_{2}, \ldots, t_{n}\right)=\left(\Phi_{t_{n}}^{i_{n}} \circ \cdots \Phi_{t_{1}}^{i_{1}}\right)(x)
$$

There exists $1 \leq i_{1} \leq m$ such that $X_{i_{1}}(x) \neq 0$, because otherwise the SubRiemannian structure is not Lie bracket generating at $x$. So there exists an open interval $I_{1}$ containing $0 \in \mathbb{R}$ such that the map $\phi_{1}: I_{1} \rightarrow V$ with $\phi_{1}(t)=\Phi_{t}^{1}(x)$
is a smooth embedding. Thus, $S_{1}=\phi_{1}\left(I_{1}\right)$ is a regular 1-dimensional submanifold of $M$. If $n=1$, we have finished. If $n>1$, there exists some $t_{1}^{1} \in I_{1}$ and some $1 \leq i_{2} \leq m$ such that $X_{i_{2}}\left(\Phi_{t_{1}^{1}}^{1}(x)\right)$ is not tangent at $S_{1}$, because otherwise all $X_{1}$, $X_{2}, \ldots, X_{m}$ are tangent to $S_{1}$ and the Sub-Riemannian structure is not Lie bracket generating. The map $\phi_{2}\left(t_{1}, t_{2}\right)=\left(\Phi_{t_{2}}^{i_{2}} \circ \Phi_{t_{1}}^{i_{1}}\right)(x)$ is defined and is smooth on some open neighbourhood of $\left(t_{1}^{1}, 0\right)$ in $\mathbb{R}^{2}$ with values in $V$ and $\frac{\partial \phi_{2}}{\partial t_{1}}\left(t_{1}^{1}, 0\right)=X_{i_{1}}\left(\Phi_{t_{1}^{1}}^{i_{1}}(x)\right)$ is tangent to $S_{1}$, while $\frac{\partial \phi_{2}}{\partial t_{2}}\left(t_{1}^{1}, 0\right)=X_{i_{2}}\left(\Phi_{t_{1}^{1}}^{i_{1}}(x)\right)$ is transverse to $S_{1}$. Hence, $\phi_{2}$ maps some smaller open neighbourhood of $\left(t_{1}^{1}, 0\right)$ diffeomorphically onto a regular 2-dimensional submanifold $S_{2}$ of $M$. In particular, the conclusion is proved in case $n=2$. If $n>2$, there exist $\left(t_{1}^{2}, t_{2}^{2}\right)$ close enough to ( $t_{1}^{1}, 0$ ) and some $1 \leq i_{3} \leq m$ such that $X_{i_{3}}\left(\phi_{2}\left(t_{1}^{2}, t_{2}^{2}\right)\right)$ is not tangent to $S_{2}$, because the Sub-Riemannian structure is assumed to be Lie bracket generating. The map $\phi_{3}\left(t_{1}, t_{2}, t_{3}\right)=\left(\Phi_{t_{3}}^{i_{3}} \circ \Phi_{t_{2}}^{i_{2}} \circ \Phi_{t_{1}}^{i_{1}}\right)(x)$ is defined and is smooth on an open neighbourhood of $\left(t_{1}^{2}, t_{2}^{2}, 0\right)$ in $\mathbb{R}^{3}$ with values in $V$ and

$$
\frac{\partial \phi_{3}}{\partial t_{1}}\left(t_{1}^{2}, t_{2}^{2}, 0\right), \quad \frac{\partial \phi_{3}}{\partial t_{2}}\left(t_{1}^{2}, t_{2}^{2}, 0\right) \in T_{\phi_{2}\left(t_{1}^{2}, t_{2}^{2}\right)} S_{2}
$$

while $\frac{\partial \phi_{3}}{\partial t_{3}}\left(t_{1}^{2}, t_{2}^{2}, 0\right)=X_{i_{3}}\left(\phi_{2}\left(t_{1}^{2}, t_{2}^{2}\right)\right)$. Again since $X_{i_{3}}\left(\phi_{2}\left(t_{1}^{2}, t_{2}^{2}\right)\right)$ is not tangent to $S_{2}$, it follows that $\phi_{3}$ maps some open neighbourhood of $\left(t_{1}^{2}, t_{2}^{2}, 0\right)$ diffeomorphically onto a regular 3 -dimensional submanifold $S_{3}$ of $M$. If $n=3$, we have finished. If $n>3$ we repeat the same argument a finite of times to reach the assertion.

Since $\left(s_{1}, s_{2}, \ldots, s_{n}\right)$ is a regular point of $\psi$, there exists an open neighbourhood $W \subset V$ of $\left(s_{1}, s_{2}, \ldots, s_{n}\right)$ such that $\psi(W)$ is an open subset of $M$ and $\psi$ maps $W$ diffeomorphically onto $\psi(W)$. Note that $x \notin \psi(W)$. In order to get a local parametrization of $M$ around $x$, we consider the smooth embedding $\hat{\psi}: W \rightarrow M$ defined by

$$
\hat{\psi}\left(t_{1}, t_{2}, \ldots, t_{n}\right)=\left(\Phi_{-s_{1}}^{i_{1}} \circ \Phi_{-s_{2}}^{i_{2}} \circ \cdots \circ \Phi_{-s_{n}}^{i_{n}}\right)\left(\psi\left(t_{1}, t_{2}, \ldots, t_{n}\right)\right) .
$$

Then, $\hat{\psi}\left(s_{1}, s_{2}, \ldots, s_{n}\right)=x$ and $\hat{\psi}(W)$ is an open subset of $M$.
If now we are given $\epsilon>0$, we apply the above taking

$$
V=\left\{\left(t_{1}, t_{2}, \ldots, t_{n}\right) \in \mathbb{R}^{n}:\left|t_{1}\right|+\left|t_{2}\right|+\cdots+\left|t_{n}\right|<\frac{\epsilon}{2}\right\} .
$$

If $y=\hat{\psi}\left(t_{1}, t_{2}, \ldots, t_{n}\right) \in \hat{\psi}(W)$, then $y$ can be joined to $x$ with a piecewise smooth curve $\gamma$ (not necessarily in $\hat{\psi}(W)$ ) consisting of pieces of integral curves of the vector fields $X_{i_{1}}, X_{i_{2}}, \ldots, X_{i_{n}}$ of successive time lengths $\left|t_{1}\right|,\left|t_{2}\right|, \ldots,\left|t_{n}\right|,\left|s_{1}\right|,\left|s_{2}\right|, \ldots,\left|s_{n}\right|$. Therefore, $\gamma$ is horizontal with $L^{\infty}$ controls and

$$
L(\gamma) \leq\left|t_{1}\right|+\left|t_{2}\right|+\cdots+\left|t_{n}\right|+\left|s_{1}\right|+\left|s_{2}\right|+\cdots+\left|s_{n}\right|<\epsilon .
$$

Consequently, it suffices to take $U=\hat{\psi}(W)$.
Rephrasing Proposition 2.3.2, if the Sub-Riemannian structure is Lie bracket generating, then for every $x \in M$ and every $\epsilon>0$ there exists an open set $U \subset M$ such that $x \in U \subset\{y \in M: d(x, y)<\epsilon\}$. This means that each "open ball"
$B(x, \epsilon)=\{y \in M: d(x, y)<\epsilon\}$ is an open subset of $M$. Moreover, the function $d(x,$.$) is continuous on U$.

Going one step further, in order to prove that $d$ is actually finite on all of $M \times M$, always assuming the Lie bracket generating condition, we consider the binary relation

$$
x \sim y \text { if and only if } d(x, y) \text { is finite. }
$$

This is an equivalence relation, because $d$ is symmetric and satisfies the triangle inequality. Also, Proposition 2.3.2 implies that the corresponding equivalence classes are open subsets of $M$. Thus, if $M$ is connected, there must be only one equivalence class and $d$ must be finite on $M \times M$.

Proof of Theorem 2.3.1. So far we have proved that $d$ is a pseudo-distance and that the manifold topology is finer than the $d$-topology. To conclude the proof of Theorem 2.3.1 it remains to prove that the $d$-topology is finer than the manifold topology.

Let $x \in M$ and let $U$ be an open neighbourhood of $x$ in $M$ for which there exists a smooth diffeomorphism $\phi: U \rightarrow \mathbb{R}^{n}$. Let $K \subset U$ be a compact neighbourhood of $x$. There exists $\delta>0$ (depending on $K$ ) such that if $\gamma:[0, T] \rightarrow U, T>0$, is a horizontal curve with $L^{1}$ controls, $\gamma(0)=x$ and $L(\gamma) \leq \delta$, then $\gamma([0, T]) \subset K$. Indeed, by the equivalence of norms in finite dimensional real vector spaces and the compactness of $K$, there exists a constant $c>0$ such that

$$
\|\phi(\gamma(t))-\phi(\gamma(0))\| \leq c \int_{0}^{t}|\dot{\gamma}(s)| d s
$$

for every horizontal curve $\gamma:\left[0, T_{0}\right] \rightarrow K$ with $L^{1}$ controls and $\gamma(0)=x$, where the norm in the left hand side is euclidean. There exists a small enough $\delta>0$ such that

$$
0<c \delta<\inf \{\|\phi(x)-y\|: y \in \partial \phi(K)\} .
$$

If there exists a horizontal curve $\gamma:[0, T] \rightarrow U, T>0$, with $L^{1}$ controls such that $\gamma(0)=x$ and $\gamma([0, T])$ is not contained in $K$, then $T_{0}=\sup \{t \in[0, T]: \gamma(t) \in K\}<$ $T$ and $\gamma\left(T_{0}\right) \in \partial K$. Therefore

$$
L(\gamma) \geq \frac{1}{c}\left\|\phi\left(\gamma\left(T_{0}\right)\right)-\phi(x)\right\| \geq \delta .
$$

It follows immediately from the assertion we have just proved that

$$
\{y \in M: d(x, y)<\delta\} \subset K \subset U
$$

which means that $U$ is open in the $d$-topology. This concludes the proof of Theorem 2.3.1.

Example 2.3.3. Let $M$ be a smooth 3-manifold and let $a$ be a contact differential 1form, that is $a \wedge d a \neq 0$ everywhere on $M$. Since $a$ is nowhere vanishing, $D=\operatorname{Ker} a$ is a smooth subbundle of $T M$ which is the horizontal distribution of a Sub-Riemannian structure on $M$, having chosen a Riemannian metric $g$ on $M$ and restricting it on
$D$. In particular, $M$ is orientable and $a \wedge d a$ is a volume element. If $\psi: M \rightarrow \mathbb{R}$ is a nowhere vanishing smooth function, then $\psi a$ is another contact differential 1-form which defines the same contact distribution $D$ and the volume element $\psi^{2} a \wedge d a$. Thus the induced orientation of $M$ depends only on the contact distribution $D$. The orthogonal line bundle $D^{\perp}$ of $D$ is trivial and generated by a smooth vector field on $M$ such that $a=g(X, \cdot)$ and $g(X, X)=1$. If $Y, Z$ are two pointwise linearly independent horizontal smooth (local) vector fields then we have

$$
\begin{gathered}
(a \wedge d a)(X, Y, Z)=2 d a(Y, Z) \text { and } \\
d a(Y, Z)=Y a(Z)-Z a(Y)-a([Y, Z])=-a([Y, Z]) .
\end{gathered}
$$

It follows that the contact condition $a \wedge d a \neq 0$ is equivalent to $\left.d a\right|_{D} \neq 0$ and also equivalent to $[Y, Z]_{x} \notin D_{x}$ for every point $x$ in the domain of definition of any two pointwise linearly independent horizontal smooth (local) vector fields $Y, Z$. This last form of the contact condition implies that a Sub-Riamannian structure of contact type on a smooth 3-manifold $M$ satisfies the Lie bracket generating condition and is equiregular with constant growth vector $(2,3)$. From Proposition 2.3.2, if $M$ is connected, any two points of $M$ can be joined with a piecewise smooth horizontal curve with $L^{\infty}$ controls. The origins of this fact can be traced back to C. Caratheodory's theory on the mathematical foundations of thermodynamics.

### 2.4 Existence of length minimizers

In this section we shall be concerned with the existence, locally and globally, of length minimizers and the Sub-Riemannian version of the Hopf-Rinow theorem. If $M$ is a Sub-Riemannian manifold with a free Sub-Riemannian structure and its horizontal distribution is generated by globally defined smooth vector fields $X_{1}$, $X_{2}, \ldots, X_{m}$, for some $m \in \mathbb{N}$, then the length minimizers from $x \in M$ to $y \in M$ are the solutions of the constrained optimal control problem

$$
\begin{gathered}
\dot{\gamma}(t)=\sum_{k=1}^{m} u_{k}(t) X_{k}(\gamma(t)) \\
\quad \min \int_{0}^{T}\|\dot{\gamma}(t)\| d t
\end{gathered}
$$

where $\gamma:[0, T] \rightarrow M, T>0$, with $u_{1}, u_{2}, \ldots, u_{m}$ in $L^{1}$ and $\gamma(0)=x, \gamma(T)=y$.
Throughout this section we shall assume that $M$ is a Sub-Riemannian $n$-manifold carrying a Sub-Riemannian structure consisting of a smooth real vector bundle $p: E \rightarrow M$ endowed with a Riemannian metric $g$ and a smooth vector bundle morphism $f: E \rightarrow T M$ with horizontal distribution $D=\left\{D_{x}: x \in M\right\}$. Moreover, we assume that the Lie bracket generating condition is satisfied, so that if $d$ is the Sub-Riemannian distance, then $(M, d)$ is a metric space and $d$ induces the manifold topology on $M$, by Theorem 2.3.1.

We shall need the weak semicontinuity of the length functional.

Proposition 2.4.1. Let $\gamma, \gamma_{k}:[0,1] \rightarrow M, k \in \mathbb{N}$ be absolutely continuous curves with the following properties:
(i) Each $\gamma_{k}$ is horizontal with a.e. constant $\|\dot{\gamma}\|=L\left(\gamma_{k}\right)$.
(ii) $\gamma=\lim _{k \rightarrow+\infty} \gamma_{k}$ uniformly.
(iii) $\liminf _{k \rightarrow+\infty} L\left(\gamma_{k}\right)$ is finite.

Then $\gamma$ is horizontal with $L^{\infty}$ controls and $L(\gamma) \leq \liminf _{k \rightarrow+\infty} L\left(\gamma_{k}\right)$.
Proof. Let us denote $L=\liminf _{k \rightarrow+\infty} L\left(\gamma_{k}\right)$. Passing to a subsequence, we may assume that $L=\lim _{k \rightarrow+\infty} L\left(\gamma_{k}\right)$ and we have to prove that $\gamma$ is horizontal with $L^{\infty}$ controls and $L(\gamma) \leq L$. Let $\epsilon>0$. If $K$ is a compact neighbourhood of $\gamma([0,1])$, there exists $k_{0} \in \mathbb{N}$ such that $L\left(\gamma_{k}\right)<L+\epsilon$ and $\gamma_{k}([0,1]) \subset K$ for every $k \geq k_{0}$, by uniform convergence. The set

$$
V_{x}=\{f(x, u):|u| \leq L+\epsilon\} \subset T_{x} M
$$

is convex, because $f$ is fiberwise linear. Thus, $\dot{\gamma}_{k}(t) \in V_{\gamma_{k}(t)}$, if $\dot{\gamma}_{k}(t)$ exists, for $k \geq k_{0}$.

Let $0<t<1$ and $h>0$ be so small that $\gamma([t, t+h])$ is contained in an open neighbourhood $U \subset K$ of $\gamma(t)$ in $M$ for which there exists a diffeomorphism $\phi: U \rightarrow \mathbb{R}^{n}$. If $u_{k}^{*}$ is the minimal control of $\gamma_{k}$, then

$$
\frac{1}{h}\left[\left(\phi \circ \gamma_{k}\right)(t+h)-\left(\phi \circ \gamma_{k}\right)(t)\right]=\frac{1}{h} \int_{t}^{t+h} \phi_{* \gamma_{k}(s)}\left(f\left(\gamma_{k}(s), u_{k}^{*}(s)\right)\right) d s
$$

which belongs to conv $\bigcup_{t \leq s \leq t+h} \phi_{* \gamma_{k}(s)}\left(V_{\gamma_{k}(s)}\right)$, where conv means convex hull.
On the other hand, taking larger $k_{0}$, if necessary, for $k \geq k_{0}$ and $t \leq s \leq t+h$ we have $\left\|\phi\left(\gamma_{k}(t)\right)-\phi(\gamma(t))\right\|<h$, by uniform convergence, and there exists a constant $c>0$, depending on $K$ and the metric $g$, such that

$$
\left\|\phi\left(\gamma_{k}(s)\right)-\phi\left(\gamma_{k}(t)\right)\right\| \leq c \int_{t}^{s}\left|u_{k}^{*}(\tau)\right| d \tau \leq c(L+\epsilon) h
$$

where the norm on the left hand sides are euclidean. It follows that there is a constant $C>1$ independent of $k$ and $h$ such that

$$
\left\|\phi\left(\gamma_{k}(s)\right)-\phi(\gamma(t))\right\| \leq C h
$$

for every $t \leq s \leq t+h$. Since the Sub-Riemannian metric $d$ induces the manifold topology, we conclude that $\gamma_{k}([t, t+h]) \subset B(\gamma(t), r(h))$, where the radii of the SubRiamannian balls $B(\gamma(t), r(h))$ satisfy $\lim _{h \rightarrow 0^{+}} r(h)=0$. Thus, eventually we have $B(\gamma(t), r(h)) \subset U$ for small enough $h$. Since
$\frac{1}{h}\left[\left(\phi \circ \gamma_{k}\right)(t+h)-\left(\phi \circ \gamma_{k}\right)(t)\right] \in \overline{\mathrm{conv}} \bigcup_{t \leq s \leq t+h} \phi_{* \gamma_{k}(s)}\left(V_{\gamma_{k}(s)}\right) \subset \overline{\mathrm{conv}} \underset{x \in B(\gamma(t), r(h))}{\bigcup_{* x}\left(V_{x}\right)}$
eventually for all $k$, taking the limit for $k \rightarrow+\infty$ we get

$$
\frac{1}{h}[(\phi \circ \gamma)(t+h)-(\phi \circ \gamma)(t)] \in \overline{\operatorname{conv}} \bigcup_{x \in B(\gamma(t), r(h))} \phi_{* x}\left(V_{x}\right) .
$$

If now $\gamma$ is differentiable at $t$, taking the limit for $h \rightarrow 0^{+}$we arrive at $\dot{\gamma}(t) \in V_{\gamma(t)}$. So, there exists a unique $u^{*}(t)$ such that $\dot{\gamma}(t)=f\left(\gamma(t), u^{*}(t)\right)$ and

$$
\|\dot{\gamma}(t)\|=\left|u^{*}(t)\right| \leq L+\epsilon
$$

Evidently, $u^{*}$ is the minimal control of $\gamma$ and $\gamma$ is horizontal with $L^{\infty}$ controls. Moreover, $L(\gamma) \leq L+\epsilon$ for every $\epsilon>0$.

Corollary 2.4.2. Let $x \in M$ and $r>0$ be such that the Sub-Riemannian closed ball $\overline{B(x, r)}$ is compact. Then, for every $y \in B(x, r)$ there exists a length minimizer in $\overline{B(x, r)}$ from $x$ to $y$.

Proof. Let $y \in B(x, r)$. There exists a sequence of horizontal curves with $L^{\infty}$ controls $\gamma_{k}:[0,1] \rightarrow M$ from $x$ to $y$ such that $\|\dot{\gamma}\|=L\left(\gamma_{k}\right)$ a.e. and $\lim _{k \rightarrow+\infty} L\left(\gamma_{k}\right)=d(x, y)$. Eventually, $L\left(\gamma_{k}\right)<r$ and $\gamma_{k}([0,1]) \subset \overline{B(x, r)}$. There exists a constant $c>0$ depending on $\overline{B(x, r)}$ and the metric $g$ such that if $0<t<1$ and $U \subset M$ is an open neighbourhood of $\gamma(t)$ for which there exists a diffeomorphism $\phi: U \rightarrow \mathbb{R}^{n}$, then

$$
\|(\phi \circ \gamma)(t)-(\phi \circ \gamma)(s)\| \leq c L\left(\gamma_{k}\right)|t-s|<C r|t-s|
$$

for $s$ close enough to $t$. This means that $\gamma_{k}$ is locally Lipschitz with Lipschitz constant independent of $k$. Also,

$$
d\left(\gamma_{k}(t), \gamma_{k}(s)\right) \leq L\left(\gamma_{k}\right)|t-s|<r|t-s|
$$

for every $t, s \in[0,1]$. It follows from the Arzala-Ascoli theorem that there exists a subsequence $\left(\gamma_{k_{l}}\right)_{l \in \mathbb{N}}$ which converges uniformly to some locally Lipschitz curve $\gamma:[0,1] \rightarrow M$, hence absolutely continuous. Thus, the assumptions of Proposition 2.4.1 are satisfied and we conclude that $\gamma$ is horizontal from $x$ to $y$ with $L^{\infty}$ controls. Moreover, it has length

$$
L(\gamma) \leq \liminf _{k \rightarrow+\infty} L\left(\gamma_{k}\right)=d(x, y) .
$$

As in a general length metric space, we have now a Sub-Riemannian version of the Hopf-Rinow-Cohn Vossen theorem.

Theorem 2.4.3. Let $M$ be a connected Sub-Riemannian manifold whose SubRiemannian structure satisfies the Lie bracket generating condition with SubRiemannian distance $d$. If the metric space $(M, d)$ is complete, then
(a) for every $x \in M$ and $r>0$ the closed Sub-Riemannian ball $\overline{B(x, r)}$ is compact and
(b) for every $x, y \in M$ there exists a length minimizer from $x$ to $y$.

Proof. The second assertion (b) follows from (a) and Corollary 2.4.2. We proceed to the proof of (a). We first observe that if there exists some point $x \in M$ such that $\overline{B(x, r)}$ is compact for every $r>0$, then this holds for every point of $M$. Suppose that this is not true. Then,

$$
\rho(x)=\sup \{r>0: \overline{B(x, r)} \text { is compact }\}
$$

is finite for every $x \in M$. Since $M$ is locally compact and $d$ induces the manifold topology, we have a well defined function $\rho: M \rightarrow(0,+\infty)$. We shall prove that $\rho$ is (uniformly) continuous. Let $x, y \in M$. If $\rho(x) \leq d(x, y)$, then $\rho(x)-\rho(y) \leq d(x, y)$. If $\rho(x)>d(x, y)$, we pick $0<\delta<\rho(x)-d(x, y)$ and $\rho(x)-\delta<r \leq \rho(x)$. Then, $r-d(x, y)>\rho(x)-\delta-d(x, y)>0$ and $\overline{B(y, r-d(x, y))} \subset \overline{B(x, r)}$. This implies that $r \leq \rho(y)+d(x, y)$ for all $\rho(x)-\delta<r \leq \rho(x)$ and so $\rho(x) \leq \rho(y)+d(x, y)$. By symmetry, we conclude $|\rho(x)-\rho(y)| \leq d(x, y)$ and $\rho$ is uniformly continuous.

Now we observe that for every $\epsilon>0$ the set $\overline{B(x, \rho(x)-\epsilon)}$ is a compact $\epsilon$ net in $\overline{B(x, \rho(x))}$. Indeed, let $y \in \overline{B(x, \rho(x))}$. There exists a sequence $\left(y_{k}\right)_{k \in \mathbb{N}}$ in $B(x, \rho(x))$ converging to $y$ and so eventually $d\left(y_{k}, y\right)<\epsilon$. By Corollary 2.4.2, there exists a length minimizer $\gamma_{k}:[0,1] \rightarrow B(x, \rho(x))$ with $L^{\infty}$ controls from $x$ to $y_{k}$. If $y_{k} \in \overline{B(x, \rho(x)-\epsilon)}$ for some large $k$, we are done. If not, there exists some $0<t_{k}<1$ such that $d\left(\gamma_{k}\left(t_{k}\right), x\right)=\rho(x)-\epsilon$ and then eventually

$$
d\left(y_{k}, \gamma_{k}\left(t_{k}\right)\right)=d\left(x, y_{k}\right)-d\left(x, \gamma_{k}\left(t_{k}\right)\right)<\rho(x)-(\rho(x)-\epsilon)=\epsilon
$$

Taking the limit for $k \rightarrow+\infty$ we get $d(y, \overline{B(x, \rho(x)-\epsilon)}) \leq \epsilon$. This shows that $\overline{B(x, \rho(x)-\epsilon)}$ is a $\epsilon$-net in $\overline{B(x, \rho(x))}$.

Since $\overline{B(x, \rho(x))}$ is $d$-complete, we conclude that it is compact. Therefore $\rho$ takes on a minimum value $\eta$ on $\overline{B(x, \rho(x))}$. Let $\left\{z_{1}, \ldots, z_{l}\right\}$ be a finite $\eta$-net in $\overline{B(x, \rho(x))}$ and

$$
A=\bigcup_{i=1}^{l} B\left(z_{i}, \eta\right)
$$

The set $\bar{A}$ is compact by the choice of $\eta$ and of course $A$ contains $\overline{B(x, \rho(x))}$. By the compactness of $\overline{B(x, \rho(x))}$, there exists some $\epsilon>0$ such that $d(y, z) \geq 2 \epsilon$ for every $y \in M \backslash A$ and $z \in \overline{B(x, \rho(x))}$. If $y \in M \backslash A$ and $\gamma:[0,1] \rightarrow M$ is any horizontal curve with $L^{1}$ controls from $x$ to $y$, there exists some $0<t_{0}<1$ such that $\gamma\left(t_{0}\right) \in \partial B(x, \rho(x))$ and

$$
L(\gamma)=L\left(\left.\gamma\right|_{\left[0, t_{0}\right]}\right)+L\left(\left.\gamma\right|_{\left[t_{0}, 1\right]}\right) \geq \rho(x)+2 \epsilon
$$

Therefore, $d(x, y)>\rho(x)+\epsilon$. This shows that $B(x, \rho(x)+\epsilon) \subset A$. Hence $\overline{B(x, \rho(x)+\epsilon)}$ is compact, which contradicts the definition of $\rho(x)$. This concludes the proof.

## Chapter 3

## Sub-Riemannian geodesics

### 3.1 Normal and abnormal length minimizers

In Riemannian Geometry geodesics locally minimize length and are solutions of a second order (in general non-linear) system of differential equations. Hence they are always smooth curves that can be determined uniquely by initial position and initial velocity. In Sub-Riemannian Geometry this is not possible, because the initial velocities of geodesics emanating from a given point belong to a proper linear subspace of the tangent space at this point. It is however possible to determine the geodesic from its initial point and an element of the cotangent space. This motivates a Hamiltonian approach for the study of Sub-Riemannian geodesics. The starting point is the Pontryagin Maximum Principle.

Let $M$ be a connected Sub-Riemannian $n$-manifold whose Sub-Riemannian structure consists of a smooth real vector bundle $p: E \rightarrow M$ endowed with a Riemannian metric $g$, a smooth vector bundle morphism $f: E \rightarrow T M$ with horizontal distribution $D=\left\{D_{x}: x \in M\right\}$ and satisfies the Lie bracket generating condition. Let $X_{1}, X_{2}, \ldots, X_{m}$ be globally defined horizontal smooth vector fields which generate the horizontal distribution coming from an orthonormal frame of the bundle.

Theorem 3.1.1. Let $\gamma:[0, L] \rightarrow M, L>0$, be a horizontal curve with $L^{\infty}$ controls parametrized by arclength and with minimal control $u^{*}=\left(u_{1}^{*}, u_{2}^{*}, \ldots, u_{m}^{*}\right)$, that is

$$
\dot{\gamma}(t)=\sum_{k=1}^{m} u_{k}^{*}(t) X_{k}(\gamma(t))
$$

for a.e. $t \in[0, L]$. If $\gamma$ is a length minimizer, then there exists a (not necessarily unique) continuous lift $\lambda:[0, L] \rightarrow T^{*} M$ of $\gamma$ such that one of the following is satisfied:
(N) $\lambda(t)\left(X_{k}(\gamma(t))=u_{k}^{*}(t)\right.$ a.e. for every $1 \leq k \leq m$ or
(A) $\lambda(t)\left(X_{k}(\gamma(t))=0\right.$ for every $1 \leq k \leq m$ and $\lambda \neq 0$.


In Rimannian Geometry the case (A) does not occur, because then $X_{1}, X_{2}, \ldots$, $X_{m}$ generate $T M$ (or rather the tangent sheaf $\mathcal{T M}$ ) and (A) would imply that $\lambda=0$.

In the proof of Theorem 3.1.1 we shall use flows of non-autonomous vector fields. Recall that a non-autonomous smooth vector field on $M$ is a family of smooth vector fields $\left(X_{t}\right)_{t \in \mathbb{R}}$ of $M$ such that for every smooth function $\phi: M \rightarrow \mathbb{R}$ the function $X .(\phi): \mathbb{R} \rightarrow \mathbb{R}$ is $L^{\infty}$. An integral curve is by definition a solution of the ODE $\dot{\gamma}(t)=X_{t}(\gamma(t))$. Locally, it is a solution of an ODE

$$
x^{\prime}=F(t, x)
$$

where $F: \Omega \rightarrow \mathbb{R}^{n}$ is a map which is defined on an open set $\Omega \subset \mathbb{R} \times \mathbb{R}^{n}$ and has the following properties:
(i) $F(., x)$ is measurable and locally bounded for fixed $x$.
(ii) $F(t,$.$) is smooth for fixed t$.
(iii) $F(t, x)$ has locally bounded derivatives with respect to $x$, meaning that if $I \subset \mathbb{R}$ and $K \subset \mathbb{R}^{n}$ are compact such that $I \times K \subset \Omega$, then there exists a constant $C>0$ (depending on $I$ and $K$ ) such that

$$
\left\|\frac{\partial F}{\partial x}\right\| \leq C \quad \text { on } I \times K
$$

The existence and uniqueness of integral curves are provided by Caratheodory's theorem which we recall.

Theorem 3.1.2. (C. Caratheodory) If $F: \Omega \rightarrow \mathbb{R}^{n}$ satisfies (i), (ii) and (iii), then for every $\left(t_{0}, x_{0}\right) \in \Omega$ there exists a unique local solution $x\left(t ; t_{0}, x_{0}\right)$ of the nonautonomous differential equation $x^{\prime}=F(t, x)$, that is $x^{\prime}\left(t ; t_{0}, x_{0}\right)=F\left(t, x\left(t ; t_{0}, x_{0}\right)\right)$ for a.e. $t$ in an open interval with center $t_{0}$ and $x\left(t_{0} ; t_{0}, x_{0}\right)=x_{0}$. Moreover, $x\left(t ; t_{0}, x_{0}\right)$ is Lipschitz with respect to $t$ and smooth with respect to $x_{0}$.

If we assume that the solutions are defined for every $t \in \mathbb{R}$ and denote $\Phi_{t_{0}, t}\left(x_{0}\right)=x\left(t ; t_{0}, x_{0}\right)$, then the family of maps $\Phi_{t_{0}, t}$ is the flow of the nonautonomous vector field. Obviously, $\Phi_{t, t}=\mathrm{id}, \Phi_{t_{2}, t_{3}} \circ \Phi_{t_{1}, t_{2}}=\Phi_{t_{1}, t_{3}}$ and $\left(\Phi_{t_{1}, t_{2}}\right)^{-1}=\Phi_{t_{2}, t_{1}}$. If the solutions are not defined for all $t \in \mathbb{R}$, the above hold locally. In the case of an autonomous smooth vector field, the corresponding flow is $\Phi_{0, t}$ and satisfies $\Phi_{0, t} \circ \Phi_{0, s}=\Phi_{0, t+s}$.

Proof of Theorem 3.1.1. Since we assume that $\gamma$ is parametrized by arclength and is a length minimizer, by Proposition 2.1.6, its minimal control $u^{*}$ minimizes the energy functional $J: L^{\infty}\left([0, L], \mathbb{R}^{m}\right) \rightarrow \mathbb{R}$ defined by

$$
J(u)=\frac{1}{2} \int_{0}^{L}|u(t)|^{2} d t
$$

under the constraint that the corresponding to the control $u$ horizontal curve joins $\gamma(0)$ and $\gamma(L)$.

A variation $u=u^{*}+v$ of $u^{*}$, for some $v \in L^{\infty}\left([0, L], \mathbb{R}^{m}\right)$, defines a horizontal curve $\delta:[0, L] \rightarrow M$, which is the solution of $\dot{\delta}(t)=f(\delta(t), u(t))$ a.e. in $[0, L]$ with $\delta(0)=\gamma(0)$. Let $\Phi_{0, t}$ denote the flow of the non-autonomous vector field

$$
f\left(., u^{*}(t)\right)=\sum_{k=1}^{m} u_{k}^{*}(t) X_{k}
$$

whose solution is $\gamma$, so that $\gamma(t)=\Phi_{0, t}(\gamma(0))$ for $t \in[0, L]$. We define

$$
x(t)=\left(\Phi_{0, t}\right)^{-1}(\delta(t)), \quad t \in[0, L] .
$$

Note that in case $v=0$ we have $x(t)=\gamma(0)$. In general, $x(t)$ is a solution of an ODE which is obtained by differentiating the formula $\Phi_{0, t}(x(t))=\delta(t)$. More precisely, we have

$$
\begin{aligned}
f\left(\Phi_{0, t}(x(t)), u(t)\right) & =f(\delta(t), u(t))=\dot{\delta}(t)=\frac{\partial \Phi_{0, t}}{\partial t}(x(t))+\left(\Phi_{0, t}\right)_{* x(t)}(\dot{x}(t)) \\
= & f\left(\Phi_{0, t}(x(t)), u^{*}(t)\right)+\left(\Phi_{0, t}\right)_{* x(t)}(\dot{x}(t))
\end{aligned}
$$

Therefore

$$
\dot{x}(t)=\left(\Phi_{0, t}\right)_{* x(t)}^{-1}\left(f\left(\Phi_{0, t}(x(t)), v(t)\right)\right)
$$

and $x(0)=\gamma(0)$. The left hand side of this ODE depends linearly on $v$. In the sequel, we shall write

$$
g_{v}(t, x)=\left(\Phi_{0, t}\right)_{* x(t)}^{-1}\left(f\left(\Phi_{0, t}(x), v(t)\right)\right)
$$

and $x\left(t ; u^{*}+v\right)$ instead of $x(t)$, because $x(t)$ comes from the variation $u^{*}+v$ of $u^{*}$.
For every $v \in L^{\infty}\left([0, L], \mathbb{R}^{m}\right)$ we consider now $h_{v}: \mathbb{R} \rightarrow \mathbb{R} \times M$ which is defined by

$$
h_{v}(s)=\binom{J\left(u^{*}+s v\right)}{x\left(L ; u^{*}+s v\right)} \in \mathbb{R} \times M .
$$

Claim. There exists some $\tilde{\lambda} \in T^{*}(\mathbb{R} \times M) \cong \mathbb{R} \oplus T^{*} M, \tilde{\lambda} \neq 0$, such that $\tilde{\lambda}\left(\dot{h}_{v}(0)\right)=0$ for every $v \in L^{\infty}\left([0, L], \mathbb{R}^{m}\right)$.
Proof of the claim. If the claim is not true, there exist $v_{0}, v_{1}, \ldots, v_{n} \in L^{\infty}\left([0, L], \mathbb{R}^{m}\right)$ such that the vectors

$$
\binom{\left.\frac{\partial J\left(u^{*}+s v_{0}\right)}{\partial^{2}}\right|_{s=0}}{\left.\frac{\partial x\left(L ; u^{*}+s v_{0}\right)}{\partial s}\right|_{s=0}},\binom{\left.\frac{\partial J\left(u^{*}+s v_{1}\right)}{\partial s}\right|_{s=0}}{\left.\frac{\partial x\left(L ; u^{s}+s v_{1}\right)}{\partial s}\right|_{s=0}}, \ldots,\binom{\frac{\partial J\left(u^{*}+s v_{n}\right)}{}}{\left.\frac{\partial x\left(L ; u^{*}+s v_{n}\right)}{\partial s}\right|_{s=0}}
$$

are linearly independent. The map with

$$
F\left(s_{0}, s_{1}, \ldots, s_{n}\right)=\binom{J\left(u^{*}+s_{0} v_{0}+s_{1} v_{1}+\cdots+s_{n} v_{n}\right)}{x\left(L ; u^{*}+s_{0} v_{0}+s_{1} v_{1}+\cdots+s_{n} v_{n}\right)} \in \mathbb{R} \times M
$$

is defined and is smooth on some open neighbourhood of 0 in $\mathbb{R}^{n+1}$, by the smooth dependence of the solutions of smooth ODE's from parameters, and the above vectors are the columns of the Jacobian matrix $F_{* 0}$. From the inverse map theorem,
$F$ sends some open neighbourhood of 0 in $\mathbb{R}^{n+1}$ diffeomorphically onto an open neighbourhood of

$$
F(0)=\binom{J\left(u^{*}\right)}{\left.x\left(L ; u^{*}\right)\right)}=\binom{J\left(u^{*}\right)}{\gamma(0))} .
$$

This implies that there exist $s_{0}, s_{1}, \ldots, s_{n} \in \mathbb{R}$ such that $x\left(L ; u^{*}+v\right)=p$ and $J\left(u^{*}+v\right)<J\left(u^{*}\right)$ for $v=s_{0} v_{0}+s_{1} v_{1}+\cdots+s_{n} v_{n}$. But since

$$
\delta(L)=\Phi_{0, L}\left(x\left(L ; u^{*}+v\right)\right)=\Phi_{0, L}(\gamma(0))=\gamma(L),
$$

this contradicts the assumption that $\gamma$ is a (constrained) minimizer of $J$. This proves the claim.

Normalizing, there exists some $\lambda_{0} \in T^{*} M$ such that $\tilde{\lambda}=\left(-1, \lambda_{0}\right)$ or $\tilde{\lambda}=\left(0, \lambda_{0}\right)$ and in the second case necessarily $\lambda_{0} \neq 0$. Now the claim becomes

$$
\lambda_{0}\left(\left.\frac{\partial x\left(L ; u^{*}+s v\right)}{\partial s}\right|_{s=0}\right)=\left.\frac{\partial J\left(u^{*}+s v\right)}{\partial s}\right|_{s=0}
$$

or

$$
\lambda_{0}\left(\left.\frac{\partial x\left(L ; u^{*}+s v\right)}{\partial s}\right|_{s=0}\right)=0 \quad \text { and } \lambda_{0} \neq 0 .
$$

On the one hand we have

$$
\left.\frac{\partial J\left(u^{*}+s v\right)}{\partial s}\right|_{s=0}=\left.\frac{1}{2} \int_{0}^{L} \frac{\partial}{\partial s}\right|_{s=0}\left|u^{*}(t)+s v(t)\right|^{2} d t=\int_{0}^{L}\left(\sum_{k=1}^{m} u_{k}^{*}(t) v_{k}(t)\right) d t
$$

for every $v=\left(v_{1}, v_{2}, \ldots, v_{m}\right) \in L^{\infty}\left([0, L], \mathbb{R}^{m}\right)$. Since

$$
\begin{gathered}
x\left(L ; u^{*}+s v\right)=x\left(0 ; u^{*}+s v\right)+\int_{0}^{L} g_{s v}\left(t, x\left(t ; u^{*}+s v\right)\right) d t \\
=\gamma(0)+s \int_{0}^{L} g_{v}\left(t, x\left(t ; u^{*}+s v\right)\right) d t
\end{gathered}
$$

on the other hand we have

$$
\begin{gathered}
\left.\frac{\partial x\left(L ; u^{*}+s v\right)}{\partial s}\right|_{s=0}=\int_{0}^{L} g_{v}\left(t, x\left(t ; u^{*}\right)\right) d t=\int_{0}^{L}\left(\Phi_{0, t}\right)_{* x\left(t ; u^{*}\right)}^{-1}\left(f\left(\Phi_{0, t}\left(x\left(t ; u^{*}\right), v(t)\right)\right) d t\right. \\
=\int_{0}^{L}\left(\Phi_{0, t}\right)_{* \gamma(0)}^{-1}(f(\gamma(t), v(t))) d t
\end{gathered}
$$

and therefore

$$
\begin{gathered}
\left.\lambda_{0}\left(\left.\frac{\partial x\left(L ; u^{*}+s v\right)}{\partial s}\right|_{s=0}\right)=\int_{0}^{L}\left(\left(\Phi_{0, t}\right)^{-1}\right)^{*} \lambda_{0}\right)(f(\gamma(t), v(t))) d t \\
\left.=\int_{0}^{L}\left(\sum_{k=1}^{m} v_{k}(t)\left(\left(\Phi_{0, t}\right)^{-1}\right)^{*} \lambda_{0}\right)\left(X_{k}(\gamma(t))\right)\right) d t .
\end{gathered}
$$

Thus, if we put $\lambda(t)=\left(\left(\Phi_{0, t}\right)^{-1}\right)^{*} \lambda_{0}$, then $\lambda:[0, L] \rightarrow T^{*} M$ is a continuous lift of $\gamma$ and

$$
\int_{0}^{L}\left(\sum_{k=1}^{m} \lambda(t)\left(X_{k}(\gamma(t)) v_{k}(t)\right) d t=\int_{0}^{L}\left(\sum_{k=1}^{m} u_{k}^{*}(t) v_{k}(t)\right) d t\right.
$$

or

$$
\int_{0}^{L}\left(\sum_{k=1}^{m} \lambda(t)\left(X_{k}(\gamma(t)) v_{k}(t)\right) d t=0 \quad \text { and } \lambda \neq 0\right.
$$

for every $\left(v_{1}, v_{2}, \ldots, v_{m}\right) \in L^{\infty}\left([0, L], \mathbb{R}^{m}\right)$. It follows that $\lambda(t)\left(X_{k}(\gamma(t))\right)=u^{*}(t)$ a.e. on $[0, L]$ for all $1 \leq k \leq m$ or $\lambda(t)\left(X_{k}(\gamma(t))\right)=0$ for all $1 \leq k \leq m$ and $\lambda \neq 0$.

A length minimizer $\gamma:[0, L] \rightarrow M$ parametrized by arclength with minimal control $u^{*}=\left(u_{1}^{*}, u_{2}^{*}, \ldots, u_{m}^{*}\right)$ is called normal if it satisfies conclusion $(\mathrm{N})$ of Theorem 3.1.1, that is it has a continuous lift $\lambda:[0, L] \rightarrow T^{*} M$ such that $\lambda(t)\left(X_{k}(\gamma(t))=\right.$ $u_{k}^{*}(t)$ a.e. for every $1 \leq k \leq m$. If $\gamma$ satisfies (A) it will be called abnormal. A non-constant length minimizer can be normal and abnormal at the same time due to the non-uniqueness of the lift $\lambda$.

In Riemannian Geometry all minimal geodesics are normal. The question now arises whether there do exist abnormal Sub-Riemannian length minimizers. We shall describe examples of abnormal length minimizers later in this chapter. For the time being we make the observation that normal length minimizers are always smooth. Indeed, if ( N ) holds, then the minimal control $u^{*}$ is continuous and therefore $\dot{\gamma}$ is defined everywhere and is continuous. As the definition of $\lambda$ in the last part of the proof of Theorem 3.1 .1 shows, if $\gamma$ is $C^{1}$, then its lift $\lambda$ is also $C^{1}$ and so $u^{*}$ is $C^{1}$. Continuing, this shows inductively that $\gamma$ and its minimal control $u^{*}$ are smooth.

Theorem 3.1.1 motivates the introduction of Hamiltonian methods to the study of Sub-Riemannian length minimizers. The Sub-Riemannian Hamiltonian of the Sub-Riemannian manifold $M$ is defined as in the Riemannian case to be the smooth function $H: T^{*} M \rightarrow \mathbb{R}$ with

$$
H(q, p)=\frac{1}{2}\left|p \circ f_{q}\right|^{2}=\frac{1}{2} \sum_{k=1}^{m}\left(p\left(X_{k}(q)\right)\right)^{2}
$$

where $\left|p \circ f_{q}\right|$ denotes the norm of the element

$$
E_{q} \xrightarrow{f_{q}} T_{q} M \xrightarrow{p} \mathbb{R}
$$

of the dual space $E_{q}^{*}$. Equivalent Sub-Riemannian structures on $M$ define the same Sub-Riemannian Hamiltonian function on $T^{*} M$.

Proposition 3.1.2. A normal length minimizer on $M$ is the projection of an integral curve of the Hamiltonian vector field on $T^{*} M$ corresponding to the Sub-Riemannian Hamiltonian $H$.

Proof. Let $H_{k}: T^{*} M \rightarrow \mathbb{R}$ be the smooth function $H_{k}(q, p)=p\left(X_{k}(q)\right), 1 \leq k \leq m$. Then,

$$
H=\frac{1}{2} \sum_{k=1}^{m} H_{k}^{2} \quad \text { and } \quad d H=\sum_{k=1}^{m} H_{k} d H_{k}
$$

If we denote by $X_{H}$ the Hamiltonian vector field of $H$ and $X_{H_{k}}$ the Hamiltonian vector field of $H_{k}$, then

$$
X_{H}=\sum_{k=1}^{m} H_{k} \cdot X_{H_{k}} .
$$

If $\gamma:[0, L] \rightarrow M$ is a normal length minimizer with minimal control $u^{*}$, then

$$
\dot{\gamma}(t)=\sum_{k=1}^{m} u_{k}^{*}(t) X_{k}(\gamma(t))
$$

and therefore

$$
\dot{\lambda}(t)=\sum_{k=1}^{m} u_{k}^{*}(t) X_{H_{k}}(\lambda(t))
$$

for every $t \in[0, L]$, by the following Remark 3.1.3. The condition (N) of normality now gives

$$
\dot{\lambda}(t)=\sum_{k=1}^{m} u_{k}^{*}(t) X_{H_{k}}(\lambda(t))=\sum_{k=1}^{m} H_{k}(\lambda(t)) X_{K_{k}}(\lambda(t))=X_{H}(\lambda(t)) .
$$

Remark 3.1.3. Let $M$ be a smooth $n$-manifold and let $Y$ be a smooth vector field on $M$ with flow $\phi_{t}$. Then the infinitesimal generator $Y^{*}$ of the flow $\left(\phi_{t}^{-1}\right)^{*}$ on $T^{*} M$ is the Hamiltonian vector field with corresponding Hamiltonian $H(q, p)=p(Y(q))$. Indeed, if we work locally and

$$
Y=\sum_{k=1}^{n} Y_{k} \frac{\partial}{\partial q^{k}}, \quad p=\sum_{k=1}^{n} p_{k} d q^{k}
$$

then

$$
H\left(q^{1}, \ldots, q^{k}, p_{1}, \ldots, p_{k}\right)=\sum_{k=1}^{n} Y_{k}\left(q^{1}, \ldots, q^{n}\right) p_{k}
$$

and so

$$
d H=\sum_{k=1}^{n} p_{k} d Y_{k}+\sum_{k=1}^{n} Y_{k} d p_{k}=\sum_{k=1}^{n}\left(\sum_{l=1}^{n} p_{l} \frac{\partial Y_{l}}{\partial q^{k}}\right) d q^{k}+\sum_{k=1}^{n} Y_{k} d p_{k} .
$$

On the other hand, the value of the infinitesimal generator $Y^{*}$ at $(q, p)$ is

$$
Y^{*}(q, p)=\left.\frac{d}{d t}\right|_{t=0}\left(\phi_{t}(q),\left(\phi_{t}^{-1}\right)_{* \phi_{t}(q)}^{*}(p)\right)=\left(Y(q),\left.\frac{d}{d t}\right|_{t=0}\left(\phi_{t}^{-1}\right)_{* \phi_{t}(q)}^{*}(p)\right) .
$$

Recall that the standard symplectic 2 -form $\omega$ on $T^{*} M$ is given locally by the formula

$$
\omega=\sum_{k=1}^{n} d q^{k} \wedge d p_{k} .
$$

Now we compute

$$
\left(i_{Y^{*}} \omega\right)(q, p)=\sum_{k=1}^{n} Y_{k} d p_{k}-\sum_{k=1}^{n} d p_{k}\left(\left.\frac{d}{d t}\right|_{t=0}\left(\phi_{t}^{-1}\right)_{* \phi_{t}(q)}^{*}(p)\right) d q^{k}
$$

and

$$
\begin{gathered}
d p_{k}\left(\left.\frac{d}{d t}\right|_{t=0}\left(\phi_{t}^{-1}\right)_{* \phi_{t}(q)}^{*}(p)\right)=d p_{k}\left(\left.\sum_{i=1}^{n} p_{i} \frac{d}{d t}\right|_{t=0}\left(\phi_{t}^{-1}\right)_{* \phi_{t}(q)}^{*}\left(d q^{i}\right)\right) \\
=d p_{k}\left(\left.\sum_{i=1}^{n} p_{i} \frac{d}{d t}\right|_{t=0}\left(q^{i} \circ \phi_{-t}\right)_{* \phi_{t}(q)}\right)=d p_{k}\left(\sum_{i=1}^{n} p_{i}\left(\sum_{j=1}^{n}\left(-\frac{\partial Y_{i}}{\partial q^{j}}\right) \frac{\partial}{\partial p^{j}}\right)\right) \\
=-\sum_{i=1}^{n} p_{i} \frac{\partial Y_{i}}{\partial q^{k}} .
\end{gathered}
$$

Substituting we arrive at

$$
\left(i_{Y^{*}} \omega\right)=\sum_{k=1}^{n} Y_{k} d p_{k}+\sum_{k=1}^{n}\left(\sum_{i=1}^{n} p_{i} \frac{\partial Y_{i}}{\partial q^{k}}\right) d q^{k}=d H .
$$

In Darboux local coordintes on $T^{*} M$ the integral curves of the Hamiltonian vector field $X_{H}$ of the Sub-Riemannian Hamiltonian $H$ are the solutions of Hamilton's equations

$$
\begin{gathered}
\dot{q}=\frac{\partial H}{\partial p}=\sum_{k=1}^{m} p\left(X_{k}(q)\right) \cdot X_{k}(q) \\
\dot{p}=-\frac{\partial H}{\partial q}=-\sum_{k=1}^{m} p\left(X_{k}(q)\right) \cdot p\left(\frac{\partial X_{k}}{\partial q}(q)\right) .
\end{gathered}
$$

A curve on $M$ which is the projection of an integral curve of $X_{H}$ will be called a normal geodesic of the Sub-Riemannian manifold $M$. Sub-Riemannian normal geodesics have two basic similar properties like Riemannian geodesics do. Firstly, it follows immediately from the above equations that if $\lambda(t)=(q(t), p(t))$ is an integral curve of $X_{H}$, then the rescaled curve $\lambda_{a}(t)=(q(a t), p(a t))$ is also an integral curve of $X_{H}$ for $a \neq 0$. Secondly, normal geodesics are always parametrized proportionally to arclength. Indeed, if $\gamma$ is a normal geodesic with minimal control $u^{*}=\left(u_{1}^{*}, u_{2}^{*}, \ldots, u_{m}^{*}\right)$ and lift $\lambda$, then the first one of Hamilton's equations becomes the already known

$$
\dot{\gamma}(t)=\sum_{k=1}^{m} \lambda(t)\left(X_{k}(\gamma(t)) \cdot X_{k}(\gamma(t))=\sum_{k=1}^{m} u^{*}(t) \cdot X_{k}(\gamma(t))\right.
$$

and

$$
\|\dot{\gamma}(t)\|^{2}=\sum_{k=1}^{m}\left(u_{k}^{*}(t)\right)^{2}=2 H(\lambda(t))=2 H(\lambda(0))
$$

since the Sub-Riemannian Hamiltonian is constant along the integral curves of the associated Hamiltonian vector field $X_{H}$.

We turn now to abnormal length minimizers. From the definition of the SubRiemannian Hamiltonian and the characteristic property (A) follows immediately
that if $\gamma:[0, L] \rightarrow M$ is an abnormal length minimizer with lift $\lambda:[0, L] \rightarrow T^{*} M$, then $\lambda(t) \in H^{-1}(0)$ for every $t \in[0, L]$. However, $H^{-1}(0)=D^{\circ}$ is the annihilator of the horizontal distribution, again by the very definition of $H$. This implies that the abnormal length minimizers do not depend on the Sub-Riemannian metric but only on the horizontal distribution itself.

Before we describe an explicit example, we make a helpful final remark. Let $\sigma: I \rightarrow H^{-1}(0)=D^{\circ} \subset T^{*} M$ be any smooth curve defined on some open interval I. Using the notations of the proof of Proposition 3.1.2, we have $H_{k}(\sigma(t))=0$ for all $t \in I$ and $1 \leq k \leq m$. Differentiating we get

$$
\omega\left(X_{H_{k}}(\sigma(t)), \dot{\sigma}(t)\right)=d H_{k}(\sigma(t))(\dot{\sigma}(t))=0
$$

where $\omega$ is the standard symplectic 2 -form on $T^{*} M$. This implies that in case $D^{\circ}$ is a smooth submanifold of $T^{*} M$, then $X_{H_{k}} \in \operatorname{Ker}\left(\left.\omega\right|_{D^{\circ}}\right)$ for every $1 \leq k \leq m$.

Example 3.1.4. Let $M$ be a connected, orientable, smooth 3-manifold and $a$ a contact differential 1-form on $M$. The annihilator $D^{\circ} \subset T^{*} M$ of the contact distribution $D=\operatorname{Ker} a$ is a smooth 4-dimensional submanifold of $T^{*} M$ and is actually the total space of an orientable real line bundle over $M$, hence trivial, whose fibre is generated by $a$. In other words, we have an isomorphism of vector bundles $F: M \times \mathbb{R} \rightarrow D^{\circ}$ given by the formula $F(q, t)=(q, t a)$.


Suppose that locally $a=h_{1} d q^{1}+h_{2} d q^{2}+h_{3} d q^{3}$. Then,

$$
\begin{gathered}
F^{*}\left(\left.\omega\right|_{D^{\circ}}\right)=\sum_{k=1}^{3} d\left(q^{k} \circ F\right) \wedge d\left(p_{k} \circ F\right)=\sum_{k=1}^{3} d q^{k} \wedge d\left(t h_{k}\right)=\sum_{k=1}^{3} d q^{k} \wedge\left(h_{k} d t+t d h_{k}\right) \\
=\left(\sum_{k=1}^{3} h_{k} d q^{k}\right) \wedge d t+t \sum_{k=1}^{3} d q^{k} \wedge d h_{k}=a \wedge d t-t d a
\end{gathered}
$$

and so

$$
F^{*}\left(\left(\left.\omega\right|_{D^{\circ}}\right) \wedge\left(\left.\omega\right|_{D^{\circ}}\right)\right)=2 t d t \wedge a \wedge d a
$$

Since $a$ is a contact form, that is $a \wedge d a \neq 0$ on $M$, it follows that the standard symplectic 2-form $\omega$ on $T^{*} M$ is non-degenerate on $D^{\circ} \backslash M \times\{0\}$. Actually, the two connected components of $D^{\circ} \backslash M \times\{0\}$ endowed with the restriction of $\omega$ on them are copies of the symplectization of the contact manifold $M$. Thus, $\operatorname{Ker}\left(\left.\omega\right|_{D^{\circ} \backslash M \times\{0\}}\right)=$ $\{0\}$, which implies that there are no abnormal length minimizers.

In particular, there are no abnormal length minimizers in the Sub-Riemannian Geometry of the Heisenberg group. If $d_{\mathcal{H}}$ denotes the Sub-Riemannian distance on the Heisenberg group $\mathcal{H}$, then trivially $d_{\mathcal{H}}(x, y) \geq\|x-y\|$ for every $x, y \in \mathcal{H}$, where $\|\cdot\|$ is the euclidean norm of $\mathbb{R}^{3}$. Hence $d_{\mathcal{H}}$ is complete and from Theorem 2.4.3 we have that any two points of $\mathcal{H}$ can be joined with a length minimizer which is a
normal geodesic, that is the projection of a solution of Hamilton's equations of the Sub-Riemannian Hamiltonian $H$.

Recall that the Heisenberg horizontal distribution is generated by the vector fields

$$
X=\frac{\partial}{\partial x}-\frac{1}{2} y \frac{\partial}{\partial z}, \quad Y=\frac{\partial}{\partial y}+\frac{1}{2} x \frac{\partial}{\partial z} .
$$

If we denote the coordinates $(q, p)$ on $T^{*} \mathbb{R}^{3}$ by $q=(x, y, z)$ and $p=\left(p_{x}, p_{y}, p_{z}\right)$, the Sub-Riemannian Hamiltonian is

$$
H=\frac{1}{2}\left(H_{X}^{2}+H_{Y}^{2}\right)
$$

where the functions $H_{X}, H_{Y}$ are defined by the formulas

$$
H_{X}(q, p)=p_{x}-\frac{1}{2} y p_{z} \quad \text { and } \quad H_{Y}(q, p)=p_{y}+\frac{1}{2} x p_{z} .
$$

Differentiating we find $D H=H_{X} \cdot D H_{X}+H_{Y} \cdot D H_{Y}$ and

$$
\begin{aligned}
D H_{X}\left(x, y, x, p_{x}, p_{y}, p_{z}\right) & =\left(0,-\frac{1}{2} p_{z}, 0,1,0,-\frac{1}{2} y\right), \\
D H_{Y}\left(x, y, x, p_{x}, p_{y}, p_{z}\right) & =\left(\frac{1}{2} p_{z}, 0,0,0,1, \frac{1}{2} x\right) .
\end{aligned}
$$

Hence

$$
D H\left(x, y, x, p_{x}, p_{y}, p_{z}\right)=\left(\frac{1}{2} p_{z} H_{Y},-\frac{1}{2} p_{z} H_{X}, 0, H_{X}, H_{Y},-\frac{1}{2} y H_{X}+\frac{1}{2} x H_{Y}\right)
$$

and the corresponding Hamiltonian system of differential equations is

$$
\begin{aligned}
\dot{x} & =H_{X} \\
\dot{y} & =H_{Y} \\
\dot{z} & =-\frac{1}{2} y H_{X}+\frac{1}{2} x H_{Y} \\
\dot{p}_{x} & =-\frac{1}{2} p_{z} H_{Y} \\
\dot{p}_{y} & =\frac{1}{2} p_{z} H_{X} \\
\dot{p}_{z} & =0 .
\end{aligned}
$$

Note that the third equation is just $\dot{z}=-\frac{1}{2} y \dot{x}+\frac{1}{2} x \dot{y}$, which is the differential constraint of the third coordinate of the lifts of solution curves of Dido's isoperimetric problem, as we saw in section 1.1. Also $p_{z}$ is constant by the sixth equation and so the system can be considered as a parametrized dynamical system on $\mathbb{R}^{4}$, the parameter being $p_{z}$. Setting $u=x+i y$, the first two equations become

$$
\dot{u}=H_{X}+i H_{Y}=p_{x}+i p_{y}+\frac{1}{2} p_{z} i u .
$$

Differentiating and using the fourth and fifth equations we arrive at

$$
\ddot{u}=-\frac{1}{2} p_{x} H_{Y}+\frac{1}{2} p_{z} i H_{X}+\frac{1}{2} p_{z} i\left(H_{X}+i H_{Y}\right)=p_{z} i\left(H_{X}+i H_{Y}\right)=i p_{z} \dot{u} .
$$

Integrating once we get $\dot{u}(t)=\dot{u}(0) e^{i p_{z} t}$. A second integration gives

$$
u(t)=u(0)+\frac{\dot{u}(0)}{i p_{z}}\left(e^{i p_{z} t}-1\right)
$$

Thus, the geodesics in the Sub-Riemannian Geometry of the Heisenberg group are given by the general formulas

$$
\begin{aligned}
x(t)+i y(t) & =\frac{H_{X}(0)+i H_{Y}(0)}{i p_{z}}\left(e^{i p_{z} t}-1\right)+x(0)+i y(0) \\
z(t) & =z(0)+\int_{0}^{t}[x(s) \dot{y}(s)-\dot{x}(s) y(s)] d s
\end{aligned}
$$

### 3.2 Local optimality of normal geodesics

Let $M$ be a Sub-Riemannian smooth $n$-manifold which satisfies the Lie bracket generating condition, as in the previous section 3.1, the notations of which we adopt in the present section. Let $\gamma:(a, b) \rightarrow M, a<b$, be a normal geodesic. By definition, $\gamma$ is the projection on $M$ of an integral curve $(\gamma, \lambda):(a, b) \rightarrow T^{*} M$ of the Hamiltonian vector field $X_{H}$ of the Sub-Riemannian Hamiltonian $H: T^{*} M \rightarrow \mathbb{R}$. Without loss of generality we may assume that $H(\gamma(t), \lambda(t))=\frac{1}{2}$ for every $a<t<b$, so that $\gamma$ is parametrized by arclength. The goal of this section is to prove that $\gamma$ locally minimizes length, that is to prove that for every $a<c<b$ there exists some $\delta>0$ such that $[c-\delta, c+\delta] \subset(a, b)$ and $\left.\gamma\right|_{[c-\delta, c+\delta]}$ is a length minimizer.

Let $x=\gamma(c)$ and $\lambda=\lambda(c)$. There exist a smooth submanifold $S \subset M$ of codimension 1 such that $x \in S$ and $T_{x} S=\operatorname{Ker} \lambda$ and a differential 1-form $\tilde{\lambda}$ defined on an open neighbourhood $\Omega$ of $x($ with $S \subset \Omega)$ such that $\tilde{\lambda}(x)=\lambda, T_{y} S=\operatorname{Ker} \tilde{\lambda}(y)$ and $H(y, \tilde{\lambda}(y))=\frac{1}{2}$ for every $y \in S$. This can be constructed as follows. Let $\Omega$ be an open neighbourhood of $x$ contained in the domain of a chart on which we have a generating frame $X_{1}, X_{2}, \ldots, X_{m}$ of the horizontal distribution. Let $h: \Omega \rightarrow \mathbb{R}$ be a smooth function with $d h(x)=\lambda$. We assume that $\gamma$ is non-constant, otherwise there is nothing to prove, and so $d h(x) \neq 0$. Since $H(x, d h(x))=\frac{1}{2}$, we may choose $\Omega$ so that $H(y, d h(y))>0$ for all $y \in \Omega$. Taking a smaller open neighbourhood if necessary, $S=h^{-1}(h(x))$ is a smooth submanifold of $M$ of codimension 1 and $T_{y} S=\operatorname{Ker} d h(y)$ for every $y \in S$. If now

$$
\phi(y)=\sum_{k=1}^{m}\left(d h(y)\left(X_{k}(y)\right)\right)^{2}
$$

then

$$
H\left(y, \frac{1}{\sqrt{\phi(y}} d h(y)\right)=\frac{1}{2} \sum_{k=1}^{m} \frac{1}{\phi(y)}\left(d h(y)\left(X_{k}(y)\right)\right)^{2}=\frac{1}{2}
$$

Thus, it suffices to take $\tilde{\lambda}=\frac{1}{\sqrt{\phi}} d h$.

For each $y \in S$ we have a unique integral curve $\left(\gamma_{y}, \lambda_{y}\right)$ of $X_{H}$ with $\gamma_{y}(c)=y$ and $\lambda_{y}(c)=\tilde{\lambda}(y)$. Since

$$
\tilde{\lambda}(x)(\dot{\gamma}(c))=\lambda(c)(\dot{\gamma}(c))=\lambda(c)\left(\sum_{k=1}^{m} \lambda(c)\left(X_{k}(\gamma(c))\right) X_{k}(\gamma(c))\right)=1
$$

we have $\dot{\gamma}(c) \notin T_{x} S$. It follows from the inverse map theorem that there exist $\epsilon>0$ and some open neighbourhood $W$ of $x$ in $S$ such that the map $\mu:(c-\epsilon, c+\epsilon) \times W \rightarrow M$ defined by $\mu(t, y)=\gamma_{y}(t) \operatorname{maps}(c-\epsilon, c+\epsilon) \times W$ diffeomorphically onto an open neighbourhood $U \subset \Omega$ of $x$. Let $V: U \rightarrow \mathbb{R}$ be the smooth function defined by $V\left(\gamma_{y}(t)=t\right.$ and $\omega$ be the differential 1-form on $U$ with $\omega\left(\gamma_{y}(t)\right)=\lambda_{y}(t)$.

Lemma 3.2.1. $\omega=d V$.
Taking Lemma 3.2.1 for granted, we have $H(y, d V(y))=\frac{1}{2}$ for every $y \in U$. Let $c-\epsilon<t_{1}<t_{2}<c+\epsilon$ and let $\sigma:[0, L] \rightarrow U, L>0$ be a horizontal curve with $L^{1}$ controls parametrized by arclength such that $\sigma(0)=\gamma\left(t_{1}\right)$ and $\sigma(L)=\gamma\left(t_{2}\right)$. Then

$$
\begin{aligned}
L\left(\left.\gamma\right|_{\left[t_{1}, t_{2}\right]}\right) & =t_{2}-t_{1}=V\left(\gamma\left(t_{2}\right)\right)-V\left(\gamma\left(t_{1}\right)\right)=V(\sigma(L))-V(\sigma(0)) \\
& =\int_{0}^{L} d V(\sigma(t))(\dot{\sigma}(t)) d t \leq \int_{0}^{L}\|\dot{\sigma}(t)\| d t=L(\sigma)
\end{aligned}
$$

because

$$
\sum_{k=1}^{m}\left(d V(y)\left(X_{k}(y)\right)\right)^{2}=2 H(y, d V(y))=1
$$

and so $|d V(\sigma(t))(\dot{\sigma}(t))| \leq\|\dot{\sigma}(t)\|$, from the Cauchy-Schwartz inequality.
Thus, $\gamma$ restricted to any closed subinterval of $(c-\epsilon, c+\epsilon)$ minimizes length within the class of horizontal curves with $L^{1}$ controls and with values in $U$. However, as in the proof of Theorem 2.3.1, there exists some sufficiently small $0<\delta<\epsilon$ such that for every horizontal curve $\sigma:[0, L] \rightarrow U, L>0$, with $L^{1}$ controls parametrized by arclength such that $\sigma(0)=x$ and $L(\sigma) \leq \delta$ we have $\sigma([0, L]) \subset U$. Then, $\left.\gamma\right|_{[c-\delta, c+\delta]}$ is a length minimizer.

To conclude the proof of the local optimality of the normal geodesics, it remains to prove Lemma 3.2.1.

Proof of Lemma 3.2.1. The flow $\psi$ of the smooth vector field $X=\mu_{*}\left(\frac{\partial}{\partial t}\right)$ is defined on an open subset of $\mathbb{R} \times U$. From the definition of $V$ we have $V\left(\psi_{s}(y)\right)=s+$ $V(y)$ and differentiating with respect to $y$ we get $d V\left(\psi_{s}(y)\right) \circ\left(\psi_{s}\right)_{* y}=d V(y)$, or equivalently $\left(\psi_{s}\right)^{*}(d V)=d V$. In other words, $d V$ is invariant under the flow of $X$. Note that $\left.V\right|_{S}=0$ and

$$
d V(\mu(c, y))(X(\mu(c, y)))=(V \circ \mu)_{*(c, y)}\left(\frac{\partial}{\partial t}\right)=1
$$

On the other hand,

$$
\omega(y))(X(y))=\lambda_{y}(c)(X(y))=\lambda_{y}(c)\left(\dot{\gamma}_{y}(c)\right)=1
$$

for every $y \in W$. Thus, the differential 1-forms $\omega$ and $d V$ coincide on $W$. If we show that $\omega$ is also invariant under the flow of $X$, then $\omega=d V$ on $U$ will follow.

For the invariance of $\omega$ it suffices to prove that if $y \in W, v_{0} \in T_{y} M$ and $v(t)=\left(\psi_{t-c}\right)_{* y}\left(v_{0}\right)$, then $(\omega(\mu(t, y))(v(t))$ is constant with respect to $t$. Locally on $M$, we have

$$
\frac{d v}{d t}=\frac{\partial X}{\partial y}(v)
$$

and
$X(\mu(t, y))=\dot{\gamma}_{y}(t)=\sum_{k=1}^{m} \lambda_{y}(t)\left(X_{k}\left(\gamma_{y}(t)\right) X_{k}\left(\gamma_{y}(t)\right)=\sum_{k=1}^{m} \omega\left(\gamma_{y}(t)\right)\left(X_{k}\left(\gamma_{y}(t)\right) X_{k}\left(\gamma_{y}(t)\right)\right.\right.$,
that is $X=\sum_{k=1}^{m} \omega\left(X_{k}\right) X_{k}$. Since $\sum_{k=1}^{m}\left(\omega\left(X_{k}\right)\right)^{2}=1$, differentiating we get

$$
\sum_{k=1}^{m} \omega\left(X_{k}\right) \cdot \frac{\partial}{\partial y} \omega\left(X_{k}\right)=0
$$

Hence

$$
\begin{gathered}
\left.\omega\left(\frac{\partial X}{\partial y}\right)=\sum_{k=1}^{m} \omega\left(X_{k}\right) \omega\left(\frac{\partial X_{k}}{\partial y}\right)+\sum_{k=1}^{m} \omega\left(X_{k}\right) \frac{\partial}{\partial y} \omega\left(X_{k}\right)\right) \\
=\sum_{k=1}^{m} \omega\left(X_{k}\right) \omega\left(\frac{\partial X_{k}}{\partial y}\right)+0=-\frac{d}{d t} \omega(\mu(t, y))
\end{gathered}
$$

from the second equation of the Hamiltonian system of differential equations. Therefore,

$$
\frac{d}{d t}\left(\omega(\mu(t, y))(u(t))=\frac{d}{d t} \omega(\mu(t, y)) \cdot v(t)+\omega\left(\frac{\partial X}{\partial y}\right)(v(t))=0 .\right.
$$

This concludes the proof.

### 3.3 The abnormal length minimizer of W. Liu and H.J. Sussmann

In this section we shall present an example of an abnormal length minimizer due to W . Liu and and H.J. Sussmann. On $\mathbb{R}^{3}$ we consider the nowhere vanishing differential 1-form

$$
\theta=x^{2} d y-(1-x) d z
$$

whose kernel $E$ is a smooth subbundle of $T \mathbb{R}^{3}$ of rank 2. If

$$
X=\frac{\partial}{\partial x} \quad \text { and } \quad Y=(1-x) \frac{\partial}{\partial y}+x^{2} \frac{\partial}{\partial z}
$$

then $\theta(X)=\theta(Y)=0$ and $\{X, Y\}$ is a global basis of sections of $E$. On $E$ we consider the metric $g$ which makes $\{X, Y\}$ a global orthonormal frame of $E$ and is defined by formula

$$
g_{(x, y, z)}\left(\left(\begin{array}{l}
v_{1} \\
v_{2} \\
v_{3}
\end{array}\right),\left(\begin{array}{l}
u_{1} \\
u_{2} \\
u_{3}
\end{array}\right)\right)=v_{1} u_{1}+\frac{1}{(1-x)^{2}+x^{4}}\left(v_{2} u_{2}+v_{3} u_{3}\right) .
$$

We have

$$
\begin{gathered}
{[X, Y]=-\frac{\partial}{\partial y}+2 x \frac{\partial}{\partial z},} \\
{[X,[X, Y]]=2 \frac{\partial}{\partial z}, \quad[Y,[X, Y]]=0} \\
{[X,[X,[X, Y]]]=0, \quad[Y,[X,[X, Y]]]=0 .}
\end{gathered}
$$

Obviously, $X, Y$ and $[X, Y]$ are linearly independent everywhere except at the planes $x=0$ or $x=2$ and $X, Y$ and $[X,[X, Y]]$ are linearly independent everywhere except at the plane $x=1$. Thus, the Lie bracket generating condition is satisfied and by Theorem 2.3.1 any two points of $\mathbb{R}^{3}$ can be joined with a piecewise smooth horizontal curve with $L^{\infty}$ controls. This Sub-Riemannian structure of $\mathbb{R}^{3}$ is not equiregular, as outside the planes $x=0$ or $x=2$ the step is 2 and the growth vector is $(2,3)$ and on these planes the step is 3 and the growth vector is $(2,2,3)$.

The Sub-Riemannian Hamiltonian $H: T^{*} \mathbb{R}^{3} \rightarrow \mathbb{R}$ is given by the formula

$$
H(x, y, z, \xi, \eta, \zeta)=\frac{1}{2}\left[\xi^{2}+\left((1-x) \eta+x^{2} \zeta\right)^{2}\right]
$$

and the associated Hamiltonian system of differential equations is

$$
\begin{aligned}
& \dot{x}=\xi \\
& \dot{y}=(1-x)\left[(1-x) \eta+x^{2} \zeta\right] \\
& \dot{z}=x^{2}\left[(1-x) \eta+x^{2} \zeta\right] \\
& \dot{\xi}=(2 x \zeta-\eta)\left[(1-x) \eta+x^{2} \zeta\right] \\
& \dot{\eta}=0 \\
& \dot{\zeta}=0 .
\end{aligned}
$$

For any $a, b \in \mathbb{R}, a<b$, the smooth curve $\gamma:[a, b] \rightarrow \mathbb{R}^{3}$ with $\gamma(t)=(0, t, 0)$ is parametrized by arclength and is horizontal with controls $u_{X}^{*}(t)=0$ and $u_{Y}^{*}(t)=1$. For any continuous function $\zeta:[a, b] \rightarrow \mathbb{R}$, we have a continuous lift $\lambda:[a, b] \rightarrow$ $T^{*} \mathbb{R}^{3}$ of $\gamma$ defined by $(\gamma(t), \lambda(t))=(0, t, 0,0,0, \zeta(t))$ which satisfies the abnormality condition (A) of Theorem 3.1.1 and $H(\gamma(t), \lambda(t))=0$ for every $a \leq t \leq b$.

We observe that $\gamma$ is not a normal geodesic. Indeed, if it were, there would exist smooth functions $\xi, \eta, \zeta:[a, b] \rightarrow \mathbb{R}$ such that $(0, t, 0, \xi(t), \eta(t), \zeta(t)), a \leq t \leq b$, is a solution of the above system of differential equations, that is

$$
0=\xi, \quad 1=\eta, \quad 0=0, \quad \dot{\xi}=-\eta^{2}, \quad \dot{\eta}=0, \quad \dot{\zeta}=0
$$

from which follows the contradiction $1=\eta=0$. We shall prove however that $\gamma$ is a length minimizer, if $b-a$ is small enough.

Let $\tilde{\gamma}:[\tilde{a}, \tilde{b}] \rightarrow \mathbb{R}^{3}$ be any other horizontal curve with $L^{1}$ controls from $(0, a, 0)$ to $(0, b, 0)$ and let $\tau=L(\tilde{\gamma})$. We shall prove that $\tau \geq b-a$, if $b-a$ is sufficiently small. There is no loss of generality if we assume that $\tilde{a}=0$. Let $u, v$ be the $L^{1}$ controls of $\tilde{\gamma}$, which are unique and if $\tilde{\gamma}(t)=(\tilde{x}(t), \tilde{y}(t), \tilde{z}(t))$, then

$$
u(t)=\tilde{x}^{\prime}(t), \quad v(t)(1-\tilde{x}(t))=\tilde{y}^{\prime}(t), \quad v(t)(\tilde{x}(t))^{2}=\tilde{z}^{\prime}(t)
$$

a.e. on $[0, \tilde{b}]$. Therefore,

$$
v(t)=\frac{(1-\tilde{x}(t)) \tilde{y}^{\prime}(t)+\left(\tilde{x}^{\prime}(t)\right)^{2} \tilde{z}^{\prime}(t)}{(1-\tilde{x}(t))^{2}+(\tilde{x}(t))^{4}}
$$

a.e. on $[0, \tilde{b}]$. We also have the additional formulas $\tilde{x}(\tilde{b})=0$ and

$$
\begin{gathered}
\tilde{x}(t)=\int_{0}^{t} u(s) d s \\
\int_{0}^{\tilde{b}} v(t)(\tilde{x}(t))^{2} d t=\tilde{z}(\tilde{b})-\tilde{z}(0)=0
\end{gathered}
$$

We shall use the following technical lemma, whose proof will be postponed.
Lemma 3.3.1. Let $0<\tau<\frac{2}{3}$ and $u, v \in L^{1}([0, \tau], \mathbb{R})$ with $|u(t)| \leq 1$ and $|v(t)| \leq 1$ a.e. on $[0, \tau]$. We define the function $x:[0, \tau] \rightarrow \mathbb{R}$ by

$$
x(t)=\int_{0}^{t} u(s) d s
$$

and we assume that $x(\tau)=0$ and $\int_{0}^{\tau} v(t)(x(t))^{2} d t=0$.
Then,

$$
\int_{0}^{\tau} v(t)(1-x(t)) d t \leq \tau
$$

and the equality holds if and only if $u=0$ and $v=1$ a.e.
We assume first the $\tilde{\gamma}$ is parametrized by arclength, that is $\tau=\tilde{b}$ and $u^{2}+v^{2}=1$. In this case Lemma 3.3.1 gives that if $0<\tau<\frac{2}{3}$, then

$$
b-a=\tilde{y}(\tilde{b})-\tilde{y}(0)=\int_{0}^{\tilde{b}} v(t)(1-x(t)) d t \leq \tau
$$

Thus, if $0<b-a<\frac{2}{3}$, then either $0<\tau<\frac{2}{3}$, and so $b-a \leq \tau$, from the above, or $\tau \geq \frac{2}{3}>b-a$. Hence, if $0<b-a<\frac{2}{3}$, then $b-a \leq \tau$. Moreover, $b-a=\tau$ if and only if $u=0$ and $v=1$ a.e., which means that $\tilde{x}(t)=0, \tilde{y}(t)=a+t$ and $\tilde{z}(t)=0$. In other words, $\tilde{\gamma}(t)=\gamma(a+t)$.

If $\tilde{\gamma}$ is not parametrized by arclength, according to Proposition 1.3.4, there exist an absolutely continuous, surjective and increasing function $h:[0, \tilde{b}] \rightarrow[0, \tau]$ and a horizontal curve $\delta:[0, \tau] \rightarrow \mathbb{R}^{3}$ parametrized by arclength such that $\tilde{\gamma}=\delta \circ h$. From the previous part we have $b-a \leq \tau$, if $0<b-a<\frac{2}{3}$, and the equality hods if and only if $\delta(t)=\gamma(a+t)$ or equivalently $\tilde{\gamma}$ is a reparametrization of $\gamma$.

Thus, in any case if $0<b-a<\frac{2}{3}$, then $\gamma$ is a length minimizer and it remains to prove the technical Lemma 3.3.1.

Proof of Lemma 3.3.1. Let $V(t)=\int_{0}^{t} v(s) d s$ and $\alpha=\tau-V(\tau)$. Obviously, we have $|V(t)| \leq t$ and $\alpha \geq 0$. If $\beta=\sup \{|x(t)|: 0 \leq t \leq \tau\}$, then

$$
\left|\int_{0}^{\tau} x(s) v(s) d s\right| \leq \beta \tau
$$

and therefore

$$
\int_{0}^{\tau} v(t)(1-x(t)) d t \leq \int_{0}^{\tau} v(t) d t+\left|\int_{0}^{\tau} x(s) v(s) d s\right| \leq V(\tau)+\beta \tau=\tau-\alpha+\beta \tau
$$

So, it suffices to prove that $\beta \tau \leq \alpha$. This is trivial if $\beta=0$. Suppose that $\beta>0$. If $\beta \leq \frac{3}{2} \alpha$, then certainly $\beta \tau \leq \frac{3}{2} \tau \alpha<a$, from our assumption $0<\tau<\frac{2}{3}$. Hence it suffices to prove that

$$
\frac{2}{3} \beta^{3} \leq \int_{0}^{\tau}(x(t))^{2} d t \leq \beta^{2} \alpha .
$$

For the right inequality we have

$$
\int_{0}^{\tau}(x(t))^{2} d t \leq \int_{0}^{\tau}(x(t))^{2}(1-|v(t)|) d t \leq \beta^{2} \int_{0}^{\tau}(1-|v(t)|) d t \leq \beta^{2}(\tau-|V(\tau)|) \leq \beta^{2} \alpha .
$$

In order to prove the left inequality, let $0 \leq t_{0} \leq \tau$ be such that $\beta=\left|x\left(t_{0}\right)\right|$. Then, $t_{0} \geq \beta$, since $|u| \leq 1$ a.e., and

$$
\beta=\left|-\int_{t_{0}}^{\tau} u(s) d s\right| \leq \tau-t_{0} .
$$

Thus, $0 \leq t_{0}-\beta \leq t_{0} \leq t_{0}+\beta \leq \tau$. For $t \in\left[t_{0}-\beta, t_{0}\right]$ we have

$$
\beta \leq\left|\int_{0}^{t} u(s) d s\right|+\int_{t}^{t_{0}}|u(s)| d s \leq|x(t)|+t_{0}-t
$$

and similarly for $t \in\left[t_{0}, t_{0}+\beta\right]$ we have $\beta \leq|x(t)|+t-t_{0}$. This implies that

$$
\int_{t_{0}-\beta}^{t_{0}}(x(t))^{2} d t \geq \int_{t_{0}-\beta}^{t_{0}}\left(t+\beta-t_{0}\right)^{2} d t=\frac{\beta^{3}}{3}
$$

and

$$
\int_{t_{0}}^{t_{0}+\beta}(x(t))^{2} d t \geq \int_{t_{0}}^{t_{0}+\beta}\left(-t+\beta+t_{0}\right)^{2} d t=\frac{\beta^{3}}{3} .
$$

It follows that

$$
\int_{0}^{\tau}(x(t))^{2} d t \geq \frac{2 \beta^{3}}{3} .
$$

The above reasoning shows that if

$$
\int_{0}^{\tau}(1-x(t)) v(t) d t=\tau
$$

then $\beta \tau=\alpha$ and so necessarily $\beta=\alpha=0$. This means that $x=0$ and therefore $u=0$ a.e. Also, $V(\tau)=\tau$ and this can happen only if $v=1$ a.e., because $v(t) \leq 1$ a.e.

This concludes the description of the example of W. Liu and H.J. Sussmann which appeared in 1995. The first example of an abnormal length minimizer had been constructed by R. Montgomery in 1994. It was simplified later by I. Kupka on the one hand and by F. Pelletier and L-V. Bouche on the other.

## Chapter 4

## Popp's Sub-Riemannian Volume

### 4.1 Construction of Popp's volume

Let $M$ be a Sub-Riemannian smooth $n$-manifold whose Sub-Riemannian structure satisfies the Lie bracket generating condition and let

$$
\mathcal{D}=\mathcal{D}^{1} \subset \mathcal{D}^{2} \subset \cdots \subset \mathcal{D}^{j} \subset \mathcal{D}^{j+1} \subset \cdots \subset \mathcal{T} \mathcal{M}
$$

be the associated flag of subsheaves of the tangent sheaf $\mathcal{T} \mathcal{M}$ of $M$. Recall that $\mathcal{D}$ is the subsheaf of $\mathcal{T} \mathcal{M}$ of horizontal vector fields and $\mathcal{D}^{j+1}=\mathcal{D}^{j}+<\left[\mathcal{D}^{1}, \mathcal{D}^{j}\right]>$, where the span is taken over the germs of smooth functions defined on open subsets of $M$. The Lie bracket generating condition ensures, by definition, that for every $x \in M$ there exists some $r(x) \in \mathbb{N}$ such that $\mathcal{D}_{x}^{r(x)-1} \neq \mathcal{D}_{x}^{r(x)}=\mathcal{T} \mathcal{M}_{x}$.

Let $x \in M$ be a regular point, that is the step $r(x)$ and the growth vector $\left(n_{1}(x), n_{2}(x), \ldots, n_{r(x)}(x)\right)$ are constant on an open neighbourhood $U$ of $x$, where $n_{j}(x)=\operatorname{dim} \mathcal{D}_{x}^{j}$. Let $\operatorname{gr}(\mathcal{D})$ denote the graded sheaf

$$
g r(\mathcal{D})=\mathcal{D}^{1} \oplus \mathcal{D}^{2} / \mathcal{D}^{1} \oplus \cdots \oplus \mathcal{D}^{r} / \mathcal{D}^{r-1}
$$

over $U$. The Lie bracket of local vector fields induces a bilinear map $[\cdot, \cdot]$ on $\operatorname{gr}(\mathcal{D})$ which respects the grading, meaning that

$$
\left[\mathcal{D}^{i} / \mathcal{D}^{i-1}, \mathcal{D}^{j} / \mathcal{D}^{j-1}\right] \subset \mathcal{D}^{i+j} / \mathcal{D}^{i+j-1}
$$

Indeed, if $X, X^{\prime} \in \mathcal{D}^{i}, Y, Y^{\prime} \in \mathcal{D}^{j}$ and $X^{\prime}-X=V \in \mathcal{D}^{i-1}, Y^{\prime}-Y=W \in \mathcal{D}^{j-1}$, then

$$
\left[X^{\prime}, Y^{\prime}\right]-[X, Y]=[X, W]+[V, Y]+[V, W]
$$

and $[X, W],[V, Y],[V, W] \in \mathcal{D}^{i+j-1}$. The stalk of $\operatorname{gr}(\mathcal{D})$ at $x$ is called the nilpotentization of $\mathcal{D}$ at $x$. In general the nilpotentizations at different regular points are not isomorphic Lie algebras.

The following lemma is crucial for the rest of this section.
Lemma 4.1.1. (O. Popp) Let $E$ be a real vector space of finite dimension $n$ with a flag of subspaces

$$
\{0\}=E^{0} \leq E^{1} \leq \cdots \leq E^{r-1} \leq E^{r}=E
$$

for some $r \in \mathbb{N}$. Let $\operatorname{gr}(E)=E^{1} \oplus\left(E^{2} / E^{1}\right) \oplus \cdots \oplus\left(E^{r} / E^{r-1}\right)$ be the associated graded vector space. Then, there exists a natural isomorphism

$$
\theta: \bigwedge^{n} E^{*} \rightarrow \bigwedge^{n} g r(E)^{*}
$$

Proof. Let $\left[X_{1}, X_{2}, \ldots, X_{n}\right]$ be an ordered basis of $E$ adapted to the given flag of subspaces. This means that if $k_{i}=\operatorname{dim} E_{i}$, then $\left[X_{1}, X_{2}, \ldots, X_{k_{i}}\right]$ is a basis of $E_{i}$. We define $\hat{\theta}: E \rightarrow g r(E)$ by

$$
\hat{\theta}\left(X_{k_{i}+l}=X_{k_{i}+l}+E^{i} \in E^{i+1} / E^{i}, \quad 1 \leq l \leq k_{i+1}-k_{i}\right.
$$

This is a linear isomorphism, which is not natural since it depends on the initial choice of the adapted basis. However, the induced linear isomorphism $\theta: \bigwedge^{n} E \rightarrow \bigwedge^{n} \operatorname{gr}(E)$ does not depend on the choice of the adapted basis. If $\left[X_{1}^{*}, X_{2}^{*}, \ldots, X_{n}^{*}\right]$ is the dual basis on $E^{*}$, then $\theta$ is defined by

$$
\theta\left(X_{1}^{*} \wedge X_{2}^{*} \wedge \cdots \wedge X_{n}^{*}\right)=\hat{\theta}\left(X_{1}\right)^{*} \wedge \hat{\theta}\left(X_{2}\right)^{*} \wedge \cdots \wedge \hat{\theta}\left(X_{n}\right)^{*}
$$

We shall show that this holds for any other choice of adapted basis. Let $\left[Y_{1}, Y_{2}, \ldots, Y_{n}\right]$ be another adapted basis of $E$. The change of basis matrix is of the form

$$
\left(\begin{array}{cccc}
A_{1} & * & \cdots & * \\
0 & A_{2} & \cdots & * \\
\vdots & \vdots & \ddots & \vdots \\
0 & 0 & \cdots & A_{r}
\end{array}\right)
$$

where $A_{i}$ is $\left(k_{i}-k_{i-1}\right) \times\left(k_{i}-k_{i-1}\right)$ matrix. So, if $\left[Y_{1}^{*}, Y_{2}^{*}, \ldots, Y_{n}^{*}\right]$ is the dual basis we have

$$
Y_{1}^{*} \wedge Y_{2}^{*} \wedge \cdots \wedge Y_{n}^{*}=\left(\prod_{i=1}^{r} \operatorname{det} A_{i}\right) X_{1}^{*} \wedge X_{2}^{*} \wedge \cdots \wedge X_{n}^{*}
$$

On the other hand, the corresponding change of basis matrix on $\operatorname{gr}(E)$ is

$$
\left(\begin{array}{cccc}
A_{1} & 0 & \cdots & 0 \\
0 & A_{2} & \cdots & 0 \\
\vdots & \vdots & \ddots & \vdots \\
0 & 0 & \cdots & A_{r}
\end{array}\right)
$$

and therefore

$$
\begin{gathered}
\hat{\theta}\left(Y_{1}\right)^{*} \wedge \hat{\theta}\left(Y_{2}\right)^{*} \wedge \cdots \wedge \hat{\theta}\left(Y_{n}\right)^{*}=\left(\prod_{i=1}^{r} \operatorname{det} A_{i}\right) \hat{\theta}\left(X_{1}\right)^{*} \wedge \hat{\theta}\left(X_{2}\right)^{*} \wedge \cdots \wedge \hat{\theta}\left(X_{n}\right)^{*} \\
=\left(\prod_{i=1}^{r} \operatorname{det} A_{i}\right) \theta\left(X_{1}^{*} \wedge X_{2}^{*} \wedge \cdots \wedge X_{n}^{*}\right)=\theta\left(\left(\prod_{i=1}^{r} \operatorname{det} A_{i}\right) X_{1}^{*} \wedge X_{2}^{*} \wedge \cdots \wedge X_{n}^{*}\right) \\
=\theta\left(Y_{1}^{*} \wedge Y_{2}^{*} \wedge \cdots \wedge Y_{n}^{*}\right) .
\end{gathered}
$$

Let now $M$ be an equiregular Sub-Riemannian $n$-manifold with growth vector $\left(n_{1}, n_{2}, \ldots, n_{r}\right)$ and associated flag $\mathcal{D}=\mathcal{D}^{1} \subset \mathcal{D}^{2} \subset \cdots \subset \mathcal{D}^{r} \subset \mathcal{T} \mathcal{M}$. For each $x \in M$ let $e v_{x}: \mathcal{D}^{i} \rightarrow T_{x} M$ denote the evaluation at $x$ and $D_{x}^{i}=e v_{x}\left(\mathcal{D}_{x}^{i}\right), 1 \leq i \leq r$. So, we have a family $D^{i}, 1 \leq i \leq r$, of distributions, where $D^{1}=D$ is the horizontal distribution of the Sub-Riemannian structure, and a flag of vector subspaces

$$
D_{x}=D_{x}^{1} \leq D_{x}^{2} \leq \cdots \leq D_{x}^{r}=T_{x} M
$$

for each $x \in M$.
Let $x \in M$ be fixed and $v, w \in D_{x}^{1}$. Let $V$ and $W$ be arbitrary horizontal extensions of $v$ and $w$, respectively, to smooth local vector fields defined on an open neighbourhood of $x$. Then, the element $[V, W](x)+D_{x}^{1} \in D_{x}^{2} / D_{x}^{1}$ does not depend on the choices of the extensions $V, W$. Indeed, let $\left\{X_{1}, X_{2}, \ldots, X_{m}\right\}$ be a generating frame of horizontal vector fields on a perhaps smaller open neighbourhood of $x$. If $\tilde{V}$ and $\tilde{W}$ is another choice of local horizontal extensions of $v$ and $w$, respectively, then

$$
\tilde{V}-V=\sum_{k=1}^{m} f_{k} X_{k} \quad \text { and } \quad \tilde{W}-W=\sum_{k=1}^{m} g_{k} X_{k}
$$

for some smooth functions $f_{k}, g_{k}, 1 \leq k \leq m$, defined on some open neighbourhood of $x$ such that $f_{k}(x)=g_{k}(x)=0$ for every $1 \leq k \leq m$. We have

$$
\begin{gathered}
{[\tilde{V}, \tilde{W}]-[V, W]} \\
=\sum_{k=1}^{m}\left(V\left(g_{k}\right) X_{k}+g_{k}\left[V, X_{k}\right]\right)+\sum_{k=1}^{m}\left(W\left(f_{k}\right) X_{k}-f_{k}\left[X_{k}, W\right]\right) \\
\quad+\sum_{k, l l=1}^{m}\left(f_{k} g_{l}\left[X_{k}, X_{l}\right]-g_{l} X_{l}\left(f_{k}\right) X_{k}-f_{k} X_{k}\left(g_{l}\right) X_{l}\right)
\end{gathered}
$$

and evaluating at $x$ we get

$$
[\tilde{V}, \tilde{W}](x)-[V, W](x)=\sum_{k=1}^{m}\left(V\left(g_{k}\right)(x)-W\left(f_{k}\right)(x)\right) X_{k}(x)
$$

Therefore, $[\tilde{V}, \tilde{W}](x)-[V, W](x) \in D_{x}^{1}$.
The above implies that the linear epimorphism $\tilde{\pi}: \mathcal{D}_{x}^{1} \otimes \mathcal{D}_{x}^{1} \rightarrow\left(\mathcal{D}^{2} / D^{1}\right)_{x}$ defined by

$$
\tilde{\pi}\left([V]_{x} \otimes[W]_{x}\right)=[[V, W]]_{x}+\mathcal{D}_{x}^{1}
$$

induces a linear epimorphism $\pi: D_{x}^{1} \otimes D_{x}^{1} \rightarrow D_{x}^{2} / D_{x}^{1}$ such that the following diagram commutes. Here $[\cdot]_{x}$ denotes the germ at $x$.


Similarly, for every $2 \leq k \leq r$ we have a well defined linear epimorphism $\tilde{\pi}_{k}: \bigotimes_{i=1}^{k} \mathcal{D}_{x}^{1} \rightarrow\left(\mathcal{D}^{k} / \mathcal{D}^{k-1}\right)_{x}$ by

$$
\tilde{\pi}_{k}\left(\left[V_{1}\right]_{x} \otimes \cdots \otimes[V]_{k}\right)=\left[\left[V_{1},\left[V_{2}\left[\cdots,\left[V_{k-1}, V_{k}\right] \cdots\right]\right]_{x}+\mathcal{D}_{x}^{k-1}\right.\right.
$$

which induces a linear epimorphism $\pi_{k}: \bigotimes_{i=1}^{k} D_{x}^{1} \rightarrow D_{x}^{k} / D_{x}^{k-1}$.
Since $D_{x}^{1}$ carries an inner product, $\pi_{k}$ induces an inner product on $D_{x}^{k} / D_{x}^{k-1}$. Further, we get an inner product on

$$
g r\left(T_{x} M\right)=D_{x}^{1} \oplus\left(D^{2} / D_{x}^{1}\right) \oplus \cdots \oplus\left(D_{x}^{r} / D_{x}^{r-1}\right)
$$

which makes this direct sum an orthogonal direct sum. Using the natural isomorphism

$$
\theta: \bigwedge^{n}\left(T_{x} M\right)^{*} \rightarrow \bigwedge^{n}\left(g r\left(T_{x} M\right)\right)^{*}
$$

of Lemma 4.1.1 we get a canonical volume on $T_{x} M$, defined from any orthonormal basis of $g r\left(T_{x} M\right)$.

The above can be carried out in an open neighbourhood of the point $x$. So, if $M$ is orientable, gluing in the usual way we get a smooth volume element on $M$. Its smoothness will follow from the local formula which will be proved in the sequel. This is Popp's volume on $M$.

First we consider the case where the equiregular Sub-Riemannian structure is of step 2. The growth vector is then $(k, n)$ where $k=\operatorname{dim} D_{x}$ for all $x \in M$ and $\mathcal{D}+\langle[\mathcal{D}, \mathcal{D}]\rangle=\mathcal{T} \mathcal{M}$. Let $\left\{X_{1}, X_{2}, \ldots, X_{k}\right\}$ be a local orthonormal frame of the horizontal distribution $D$ and let $X_{k+1}, \ldots, X_{n}$ be any choice of pointwise linearly independent local vector fields such that $\left\{X_{1}, X_{2}, \ldots, X_{k}, X_{k+1}, \ldots, X_{n}\right\}$ is a local frame of $T M$. According to the construction of Popp's volume we need to compute the inner product on the orthogonal direct sum

$$
g r\left(T_{x} M\right)=D_{x} \oplus\left(T_{x} M / D_{x}\right) .
$$

By construction, this inner product is induced from the linear epimorphism

$$
\pi: D_{x} \otimes D_{x} \rightarrow T_{x} M / D_{x}
$$

with $\pi\left(X_{i} \otimes X_{j}\right)=\left[X_{i}, X_{j}\right]+D_{x}$ all evaluated at $x$. Recall that if $\langle\cdot, \cdot\rangle$ is the SubRiemannian inner product on $D_{x}$, the inner product of $D_{x} \otimes D_{x}$ is given by the formula $\left\langle V_{1} \otimes W_{1}, V_{2} \otimes W_{2}\right\rangle=\left\langle V_{1}, V_{2}\right\rangle \cdot\left\langle W_{1}, W_{2}\right\rangle$. We shall calculate explicitly the norm on $T_{x} M / D_{x}$ from which the inner product will follow by polarization.

There exist smooth locally defined functions $b_{i j}^{l}, k+1 \leq l \leq n, 1 \leq i, j \leq k$, on an open neighbourhood of $x$ such that

$$
\left[X_{i}, X_{j}\right](x)+D_{x}=\sum_{l=k+1}^{n} b_{i j}^{l} X_{l}(x)+D_{x} .
$$

Let $v+D_{x}=\sum_{l=k+1}^{n} c^{l} X_{l}(x)+D_{x} \in T_{x} M / D_{x}$ and $w=\sum_{i, j=1}^{k} a_{i j} X_{i}(x) \otimes X_{j}(x)$ with $\pi(w)=v+D_{x}$ or equivalently

$$
\sum_{l=k+1}^{n}\left(\sum_{i, j=1}^{k} a_{i j} b_{i j}^{l}\right) X_{l}(x)=\sum_{l=k+1}^{n} c^{l} X_{l}(x) .
$$

We can consider $b^{l}=\left(b_{i j}^{l}\right)_{1 \leq i, j \leq k}$ and $a=\left(a_{i j}\right)_{1 \leq i, j \leq k}$ as vectors in $\mathbb{R}^{k^{2}}$ and then the norm of $v+D_{x}$ is

$$
\min \left\{\|a\|:\left\langle a, b^{l}\right\rangle=c^{l}, \quad k+1 \leq l \leq n\right\}
$$

where the inner product $\langle\cdot, \cdot\rangle$ and norm $\|\cdot\|$ are euclidean. Note that the vectors $b^{l}=\left(b_{i j}^{l}\right)_{1 \leq i, j \leq k}, k+1 \leq l \leq n$, are linear independent, because they are the rows of the matrix of the epimorphism $\pi$ with respect to the ordered basis $\left[X_{i}(x) \otimes X_{j}(x): 1 \leq i, j \leq k\right]$ of $D_{x} \otimes D_{x}$ and $\left[X_{k+1}(x)+D_{x}, \ldots, X_{n}(x)+D_{x}\right]$ of $T_{x} M / D_{x}$.

Lemma 4.1.2. Let $1 \leq q \leq d$ be integers and $b_{1}, \ldots, b_{q} \in \mathbb{R}^{d}$ be linearly independent vectors. Let also $c_{1}, \ldots, c_{q} \in \mathbb{R}$. If $c=\left(c_{1}, \ldots, c_{q}\right) \in \mathbb{R}^{q}$ and $B=\left(\left\langle b_{i}, b_{j}\right\rangle\right)_{1 \leq i, j \leq q}$, then

$$
\min \left\{\|a\|^{2}: a \in \mathbb{R}^{d}, \quad\left\langle a, b_{j}\right\rangle=c_{j}, \quad 1 \leq j \leq q\right\}=\left\langle B^{-1}(c), c\right\rangle .
$$

Proof. If $g_{j}: \mathbb{R}^{d} \rightarrow \mathbb{R}$ is the function $g_{j}(a)=\left\langle a, b_{j}\right\rangle-c_{j}$, then $\nabla g_{j}(a)=b_{j}$ for every $x \in \mathbb{R}^{d}, 1 \leq j \leq q$. Since $b_{1}, \ldots, b_{q}$ are assumed to be linearly independent, the minimum is attained at a solution of the system of equations

$$
\begin{gathered}
2 a=\sum_{i=1}^{q} \lambda_{i} b_{i}, \\
\left\langle a, b_{j}\right\rangle=c_{j}, \quad 1 \leq j \leq q,
\end{gathered}
$$

by Lagrange's theorem, where $\lambda_{1}, \ldots, \lambda_{q}$ are the Lagrange multipliers. Substituting we get the linear system

$$
\frac{1}{2} \sum_{i=1}^{q} \lambda_{i}\left\langle b_{i}, b_{j}\right\rangle=c_{j}, \quad 1 \leq j \leq q
$$

and therefore

$$
\lambda_{i}=2 \sum_{j=1}^{q} \tilde{B}_{i j} c_{j}, \quad 1 \leq i \leq q
$$

where $B^{-1}=\left(\tilde{B}_{i j}\right)_{1 \leq i, j \leq q}$. Note that $B$ is symmetric and positive definite, in particular invertible, because $b_{1}, \ldots, b_{q}$ are linearly independent. It follows now that

$$
a=\sum_{i=1}^{q}\left(\sum_{j=1}^{q} \tilde{B}_{i j} c_{j}\right) b_{i}
$$

and so the minimum value we seek is

$$
\begin{gathered}
\|a\|^{2}=\sum_{i, j, \rho, s=1}^{q} \tilde{B}_{i j} \tilde{B}_{\rho s} c_{j} c_{s}\left\langle b_{i}, b_{\rho}\right\rangle=\sum_{i, j, s=1}^{q} \tilde{B}_{i j} c_{s} c_{j} \sum_{\rho=1}^{q}\left\langle b_{i}, b_{\rho}\right\rangle \tilde{B}_{\rho s} \\
=\sum_{i, j=1}^{q} \tilde{B}_{i j} c_{i} c_{j}=\left\langle B^{-1}(c), c\right\rangle .
\end{gathered}
$$

From the preceding Lemma 4.1.2 we get that if $B=\left(\left\langle b^{s}, b^{l}\right\rangle\right)_{k+1 \leq s, l \leq n}$, then $B^{-1}$ is the Gram matrix of the inner product on $T_{x} M / D_{x}$ with respect to the ordered basis $\left[X_{k+1}(x)+D_{x}, \ldots, X_{n}(x)+D_{x}\right]$ of $T_{x} M / D_{x}$. From its definition follows now that if $\left\{X_{1}^{*}, \ldots, X_{k}^{*}, X_{k+1}^{*}, \ldots, X_{n}^{*}\right\}$ is the dual basis, then Popp's volume is

$$
\frac{1}{\sqrt{\operatorname{det} B}} X_{1}^{*} \wedge \cdots \wedge X_{k}^{*} \wedge X_{k+1}^{*} \wedge \cdots \wedge X_{n}^{*}
$$

This concludes the local description of Popp's volume in the case of an equiregular Sub-Riemannian structure of step 2 .

The local formula for Popp's volume of a general equiregular Sub-Riemannian structure of step $r$ and growth vector $\left(n_{1}, n_{2}, \ldots, n_{r}\right)$ is analogous. Let $\left\{X_{1}, X_{2}, \ldots, X_{n}\right\}$ be an adapted local frame on an open neighbourhood of a given point $x \in M$ of the associated flag $\mathcal{D}=\mathcal{D}^{1} \subset \mathcal{D}^{2} \subset \cdots \subset \mathcal{D}^{r} \subset \mathcal{T} \mathcal{M}$. There exist locally defined smooth functions $b_{i_{1} i_{2} \ldots i_{k}}^{l}, 2 \leq k \leq r$, such that

$$
\left[X_{i_{1}},\left[X_{i_{2}},\left[\cdots,\left[X_{i_{k-1}}, X_{i_{k}}\right] \cdots\right]+D_{x}^{k-1}=\sum_{l=n_{k-1}+1}^{k_{k}} b_{i_{1} i_{2} \cdots i_{k}}^{l} X_{l}+D_{x}^{k-1}\right.\right.
$$

evaluated at $x$, for $1 \leq i_{1}, \ldots, i_{k} \leq n_{1}$. Again we consider $b^{l}=\left(b_{i_{1} i_{2} \ldots i_{k}}^{l}\right)_{1 \leq i_{1}, \ldots, i_{k} \leq n_{1}}$ as a vector in $\mathbb{R}^{n_{1}^{k}}$. Recall the linear epimorphism $\pi_{k}: \bigotimes_{i=1}^{k} D_{x}^{1} \rightarrow D_{x}^{k} / D_{x}^{k-1}$ with

$$
\pi_{k}\left(X_{i_{1}} \otimes \cdots \otimes X_{i_{k}}\right)=\left[X_{i_{1}},\left[X_{i_{2}},\left[\cdots,\left[X_{i_{k-1}}, X_{i_{k}}\right] \cdots\right]+D_{x}^{k-1}\right.\right.
$$

The norm in $D_{x}^{k} / D_{x}^{k-1}$ is induced by $\pi_{k}$ and can be computed as before. More precisely, if $v+D_{x}^{k-1}=\sum_{l=n_{k-1}+1}^{n_{k}} c^{l} X_{l}+D_{x}^{k-1}$, then

$$
\left\|v+D_{x}^{k-1}\right\|=\min \left\{\|a\|:\left\langle a, b^{l}\right\rangle=c^{l}, \quad n_{k-1} \leq l \leq n_{k}\right\}=\left\langle B_{k}^{-1}(c), c\right\rangle
$$

where $c=\left(c_{n_{k-1}+1}, \ldots, c_{n_{k}}\right), B_{k}=\left(\left\langle b^{i}, b^{j}\right\rangle\right)_{n_{k-1} \leq i, j \leq n_{k}}$ and the inner products are euclidean, Thus, $B_{k}^{-1}$ is the Gram matrix of the inner product in $D_{x}^{k} / D_{x}^{k-1}$. If $\left\{X_{1}^{*}, X_{2}^{*}, \ldots, X_{n}^{*}\right\}$ is the dual frame, then Popp's volume is locally

$$
\left(\prod_{k=2}^{r} \operatorname{det} B_{k}\right)^{-1 / 2} X_{1}^{*} \wedge \cdots \wedge X_{n}^{*}
$$

### 4.2 Examples of Popp's volume

Let $M$ be a contact 3 -manifold with contact 1 -form $a$ and contact distribution $D=\operatorname{Ker} a$. There exists a unique smooth vector field $Z$ on $M$ such that $i_{Z} a=1$ and $i_{Z} d a=0$, which is called the Reeb vector field of the contact structure. Recall that the contact Sub-Riemannian structure (with a chosen Riemannian metric $\langle\cdot, \cdot\rangle$ on $D$ ) satisfies the Lie bracket generating condition and is equiregular of step 2 with growth vector $(2,3)$. If $\left\{X_{1}, X_{2}\right\}$ is a local orthonormal frame of $D$, then $\left[X_{1}, X_{2}, Z\right]$ is an adapted local frame, since $Z$ is transverse to $D$. Corresponding to the SubRiemannian metric there is a skew-symmetric vector bundle morphism $J: D \rightarrow D$ defined by the property

$$
d a(v, w)=\langle J(v), w\rangle
$$

for every $v, w \in D_{x}, x \in M$. The quantity

$$
\|J\|=\left(\sum_{i, j=1}^{2}\left\langle X_{i}, J\left(X_{j}\right)\right\rangle^{2}\right)^{1 / 2}
$$

is known as the Hilbert-Schmidt norm of $J$.
For every $1 \leq i, j \leq 2$ there is a locally defined smooth function $b_{i j}$ such that [ $\left.X_{i}, X_{j}\right](x)+D_{x}=b_{i j}(x) Z(x)+D_{x}$. According to the calculations of the previous section 4.1, Popp's volume is locally

$$
\left(\sum_{i, j=1}^{2} b_{i j}^{2}\right)^{-1 / 2} X_{1}^{*} \wedge X_{2}^{*} \wedge Z
$$

However,

$$
\sum_{i, j=1}^{2} b_{i j}^{2}=\sum_{i, j=1}^{2}\left(a\left(\left[X_{i}, X_{j}\right]\right)\right)^{2}=\sum_{i, j=1}^{2}\left(d a\left(X_{i}, X_{j}\right)\right)^{2}=\sum_{i, j=1}^{2}\left\langle X_{i}, J\left(X_{j}\right)\right\rangle^{2}=\|J\|^{2}
$$

and so Popp's volume is locally

$$
\frac{1}{\|J\|} X_{1}^{*} \wedge X_{2}^{*} \wedge Z
$$

Example 4.2.1. The Heisenberg group $\mathcal{H}$ is a special case of a contact 3-manifold. Recall that the contact 1 -form is the standard one $\omega=d z-\frac{1}{2}(x d y-y d x)$ whose kernel $D$ is globally generated by the vector fields

$$
X=\frac{\partial}{\partial x}-\frac{1}{2} y \frac{\partial}{\partial z}, \quad Y=\frac{\partial}{\partial y}+\frac{1}{2} x \frac{\partial}{\partial z} .
$$

The metric on $D$ is the one with respect to which $\{X, Y\}$ becomes an orthonormal frame. Here $Z=\frac{\partial}{\partial z}$ is the Reeb vector field and since $[X, Y]=Z$, it follows from the above that Popp's volume on the Heisenberg group is

$$
\left(d x-\frac{1}{2} y d z\right) \wedge\left(d y+\frac{1}{2} x d z\right) \wedge d z=d x \wedge d y \wedge d z
$$

In other words, Popp's volume on the Heisenberg group $\mathcal{H}$ coincides with the 3 -dimensional euclidean volume.

Example 4.2.2. The Martinet distribution $D$ on $\mathbb{R}^{3}$ was defined in Example 2.3.4(b) and is the kernel of the differential 1-form $\omega=d z-y^{2} d x$. It is globally generated by the vector fields

$$
X=\frac{\partial}{\partial x}+y^{2} \frac{\partial}{\partial z}, \quad Y=\frac{\partial}{\partial y}
$$

and satisfies the Lie bracket generating condition but is not equiregular. The growth vector at points on the plane $y=0$ is $(2,2,3)$. Its restriction on the subspace $M=\mathbb{R}^{3} \backslash\{y=0\}$ is equiregular with growth vector $(2,3)$. On $D$ we consider the restriction of the euclidean metric. Note that $X$ and $Y$ are orthogonal and

$$
\left\{\frac{1}{\sqrt{1+y^{2}}} X, Y, \frac{\partial}{\partial z}\right\}
$$

is an adapted frame. Moreover,

$$
\left[\frac{1}{\sqrt{1+y^{2}}} X, Y\right]+D=\frac{-2 y}{\sqrt{1+y^{2}}} \frac{\partial}{\partial z}+D
$$

Therefore, Popp's volume on $M$ is

$$
\frac{1}{|2 y|}\left(d x+y^{2} d z\right) \wedge d y \wedge d z=\frac{1}{|2 y|} d x \wedge d y \wedge d z
$$

The singularities of this form occur precisely on the plane $y=0$, which consists of the non-regular points and the equiregularity of $D$ fails.

### 4.3 Sub-Riemannian isometries and Popp's volume

Let $M$ be a Sub-Riemannian manifold with corresponding horizontal distribution $D$ satisfying the Lie bracket generating condition. A diffeomorphism $\phi: M \rightarrow M$ is called a Sub-Riemannian isometry if the following two conditions are satisfied:
(i) $\phi_{* x}\left(D_{x}\right)=D_{\phi(x)}$ for every $x \in M$ and
(ii) $\left\langle\phi_{* x}(v), \phi_{* x}(w)\right\rangle=\langle v, w\rangle$ for every $v, w \in D_{x}$ and $x \in M$.

Note that $\phi$ induces a map of sheaves $\phi_{*}: \mathcal{T} \mathcal{M} \rightarrow \mathcal{T} \mathcal{M}$ which makes the following diagram commutative

and such that $\phi_{*}\left(\mathcal{D}^{1}\right)=\mathcal{D}^{1}$. Since $\phi_{*}$ preserves Lie brackets, we also have $\phi_{*}\left(\mathcal{D}^{k}\right)=$ $\mathcal{D}^{k}$ for every $k \in \mathbb{N}$. Taking evaluations we conclude that $\phi_{*}\left(D_{x}^{k}\right)=D_{\phi(x)}^{k}$ for every $x \in M, k \in \mathbb{N}$.

It is obvious that the set of all Sub-Riemannian isometries of $M$ is a subgroup of the group of diffeomorphisms of $M$.

Suppose now that the Sub-Riemannian structure of $M$ is equiregular of step $r$ and with growth vector $\left(n_{1}, n_{2}, \ldots, n_{r}\right)$. If $\phi: M \rightarrow M$ is a Sub-Riemannian isometry, then we have a linear isometry $\tilde{\phi}_{* x}: \bigotimes_{i=1}^{k} D_{x} \rightarrow \bigotimes_{i=1}^{k} D_{\phi(x)}$ for every $k \in \mathbb{N}$ and $x \in M$. Since $\phi_{*}$ preserves the flag

$$
\mathcal{D}=\mathcal{D}^{1} \subset \mathcal{D}^{2} \subset \cdots \subset \mathcal{D}^{r}=\mathcal{T} \mathcal{M}
$$

it induces linear isomorphisms $\hat{\phi}_{* x}: D_{x}^{k} / D_{x}^{k-1} \rightarrow D_{\phi(x)}^{k} / D_{\phi(x)}^{k-1}$ for every $2 \leq k \leq r$ and $x \in M$. Actually, $\hat{\phi}_{* x}$ is a linear isometry of inner product vector spaces. To see this, we recall that the inner product on $D_{x}^{k} / D_{x}^{k-1}$ is induced by the linear epimorphism $\pi_{k}: \bigotimes_{i=1}^{k} D_{x} \rightarrow D_{x}^{k} / D_{x}^{k-1}$ of section 4.1. Since $\phi_{*}$ preserves the Lie brackets, the following diagram commutes.


If $v+D_{x}^{k-1} \in D_{x}^{k} / D_{x}^{k-1}$, we have

$$
\begin{gathered}
\left\|v+D_{x}^{k-1}\right\|=\min \left\{\|a\|: a \in \bigotimes_{i=1}^{k} D_{x} \quad \text { and } \quad \pi_{k}(a)=v+D_{x}^{k-1}\right\} \\
=\min \left\{\left\|\tilde{\phi}_{* x}(a)\right\|: a \in \bigotimes_{i=1}^{k} D_{x} \quad \text { and } \quad \pi_{k}\left(\tilde{\phi}_{* x}(a)\right)=\hat{\phi}_{* x}\left(v+D_{x}^{k-1}\right)\right\}=\left\|\hat{\phi}_{* x}\left(v+D_{x}^{k-1}\right)\right\|,
\end{gathered}
$$

since $\tilde{\phi}_{* x}$ is a linear isometry and $\hat{\phi}_{* x}$ is a linear isomorphism.
Theorem 4.3.1. The Sub-Riemannian isometries of an equiregular SubRiemannian orientable manifold $M$ preserve Popp's volume. Moreover, if the group of the Sub-Riemannian isometries of $M$ acts transitively on $M$, then Popp's volume is the unique volume element on $M$ which is invariant by Sub-Riemannian isometries, up to multiplication by a scalar constant.

Proof. It follows from the above that if $\phi: M \rightarrow M$ is a Sub-Riemannian isometry, then $\hat{\phi}_{*}: g r\left(T_{x} M\right) \rightarrow g r\left(T_{\phi(x)} M\right)$ is a linear isometry. The definition of Popp's volume implies now that it is preserved by $\phi$. For the second assertion, let $\Omega$ be a volume form on $M$ such that $\phi^{*} \Omega=\Omega$ for every Sub-Riemannian isometry $\phi$. There
exists a nowhere vanishing smooth function $f: M \rightarrow \mathbb{R}$ such that $f \Omega$ is Popp's volume. We have

$$
f \Omega=\phi^{*}(f \Omega)=(f \circ \phi) \phi^{*} \Omega=(f \circ \phi) \Omega
$$

and therefore $f=f \circ \phi$. The transitivity of the action of the Sub-Riemannian isometries implies that $f$ must be constant.

Example 4.3.2. As we saw in section 1.1 the left translations of the Heisenberg group $\mathcal{H}$ leaves invariant the two standard horizontal global smooth vector fields $X$, $Y$ which generate its horizontal distribution and form an orthonormal frame, as well as $Z=[X, Y]$. It follows that the group of Sub-Riemannian isometries of $\mathcal{H}$ acts transitively on $\mathcal{H}$. Since Popp's volume on $\mathcal{H}$ is euclidean volume on $\mathbb{R}^{3}$, it follows that euclidean volume is invariant under left translations of $\mathcal{H}$. But it is easy to see that the euclidean volume is also invariant under the right translations of $\mathcal{H}$. This implies that $\mathcal{H}$ is a unimodular group and the euclidean volume is its Haar measure.

### 4.4 The Sub-Riemannian Laplacian

Let $M$ be a Sub-Riemannian connected $n$-manifold whose Sub-Riemannian structure consists of a smooth real vector bundle $p: E \rightarrow M$ endowed with a Riemannian metric $g$, a smooth vector bundle morphism $f: E \rightarrow T M$ with horizontal distribution $D=\left\{D_{x}: x \in M\right\}$ and satisfies the Lie bracket generating condition. Let $\langle\cdot, \cdot\rangle$ be the induced Sub-Riemannian metric on $D$ by $g$. If $\psi: M \rightarrow \mathbb{R}$ is a smooth function, then for every $x \in M$ there exists a unique vector $\nabla_{h} \psi(x) \in D_{x}$ such that

$$
\psi_{* x}(v)=\left\langle\nabla_{h} \psi(x), v\right\rangle
$$

for every $v \in D_{x}$. The vector field $\nabla_{h} \psi$ on $M$ defined in this way is called the horizontal gradient of $\psi$. If $x \in M$ has an open neighbourhood on which the SubRiemannian structure is of constant rank $k$, there exists a horizontal orthhonormal local frame $\left\{X_{1}, X_{2}, \ldots, X_{k}\right\}$ on a possibly smaller open neighbourhood of $x$ generating $D$ and the horizontal gradient is locally given by the formula

$$
\nabla_{h} \psi=\sum_{i=1}^{k} X_{i}(\psi) \cdot X_{i}
$$

It follows that if the Sub-Riemannian structure is of constant rank, the horizontal gradient of a smooth function is a smooth vector field.

Recall now that if $M$ is orientable and $\Omega$ is a volume form on $M$, then for every smooth vector field $X$ on $M$ the $\Omega$-divergence of $X$ is defined to be the unique smooth function $\operatorname{div}_{\Omega} X: M \rightarrow \mathbb{R}$ such that $L_{X} \Omega=\left(\operatorname{div}_{\Omega} X\right) \cdot \Omega$. Note that $\operatorname{div}_{\Omega} X=\operatorname{div}_{-\Omega} X$. If we have a Sub-Riemannian structure of constant rank $k$, the Sub-Riemannian Laplacian associated to the volume form $\Omega$ of a smooth function $\psi: M \rightarrow \mathbb{R}$ is defined to be

$$
\Delta_{h} \psi=\operatorname{div}_{\Omega}\left(\nabla_{h} \psi\right)
$$

and is a second order differential operator. In terms of a generating horizontal orthonormal local frame $\left\{X_{1}, X_{2}, \ldots, X_{k}\right\}$ we have

$$
\Delta_{h} \psi=\sum_{i=1}^{k} \operatorname{div}_{\Omega}\left(X_{i}(\psi) \cdot X_{i}\right)=\sum_{i=1}^{k} X_{i}\left(X_{i}(\psi)\right)+\sum_{i=1}^{k}\left(\operatorname{div}_{\Omega} X_{i}\right) \cdot X_{i}(\psi) .
$$

Thus, locally

$$
\Delta_{h}=\sum_{i=1}^{k} X_{i}^{2}+\sum_{i=1}^{k}\left(\operatorname{div}_{\Omega} X_{i}\right) \cdot X_{i}
$$

as a second order differential operator. Therefore, only the first order terms of the Sub-Riemannian Laplacian depend on the choice of the volume form $\Omega$.

If $M$ is an orientable Sub-Riemannian manifold whose horizontal distribution has constant rank and $\Omega$ is a smooth volume form on $M$ with associated SubRiemannian Laplacian $\Delta_{h}$, then the Sub-Riemannian heat equation on $M$ is the PDE

$$
\frac{\partial}{\partial t} \phi(x, t)=\Delta_{h} \phi(t, x)
$$

and governs the heat diffusion in the directions of the horizontal distribution.
Example 4.4.1. In the case of the Heisenberg group $\mathcal{H}$ we have the global generating orthonormal frame consisting of the vector fields

$$
X=\frac{\partial}{\partial x}-\frac{1}{2} y \frac{\partial}{\partial z}, \quad Y=\frac{\partial}{\partial y}+\frac{1}{2} x \frac{\partial}{\partial z} .
$$

According to Example 4.2.1, Popp's volume on $\mathcal{H}$ is the 3-dimensional euclidean volume. Therefore, $X$ and $Y$ have divergence zero and the Sub-Riemannian Laplacian on $\mathcal{H}$ is given by the formula

$$
\Delta_{h}=X^{2}+Y^{2}=\frac{\partial^{2}}{\partial x^{2}}+\frac{\partial^{2}}{\partial y^{2}}+\frac{1}{4}\left(x^{2}+y^{2}\right) \frac{\partial^{2}}{\partial z^{2}}-y \frac{\partial^{2}}{\partial x \partial z}+x \frac{\partial^{2}}{\partial y \partial z} .
$$

Thus, the Sub-Riemannian heat equation in the Heisenberg group is

$$
\begin{gathered}
\frac{\partial \phi}{\partial t}(x, y, z, t)=\frac{\partial^{2} \phi}{\partial x^{2}}(x, y, z, t)+\frac{\partial^{2} \phi}{\partial y^{2}}(x, y, z, t)+\frac{1}{4}\left(x^{2}+y^{2}\right) \frac{\partial^{2} \phi}{\partial z^{2}}(x, y, z, t) \\
-y \frac{\partial^{2} \phi}{\partial x \partial z}(x, y, z, t)+x \frac{\partial^{2} \phi}{\partial y \partial z}(x, y, z, t) .
\end{gathered}
$$

We assume now that our Sub-Riemannian structure of $M$ of constant rank $k$ is equiregular of step $r$ and growth vector $\left(n_{1}, n_{2}, \ldots, n_{r}\right)$. Using the same notations as in section 4.1, let $\left\{X_{1}, X_{2}, \ldots, X_{n}\right\}$ be an adapted local frame. There exist locally defined smooth functions $b_{i_{1} i_{2} \cdots i_{k}}^{l}, 2 \leq k \leq r$, such that

$$
\left[X_{i_{1}},\left[X_{i_{2}},\left[\cdots,\left[X_{i_{k-1}}, X_{i_{k}}\right] \cdots\right]+D^{k-1}=\sum_{l=n_{k-1}+1}^{k_{k}} b_{i_{1} i_{2} \cdots i_{k}}^{l} X_{l}+D^{k-1}\right.\right.
$$

for $1 \leq i_{1}, \ldots, i_{k} \leq n_{1}$. As in section 4.1, if we put $b^{l}=\left(b_{i_{1} i_{2} \ldots i_{k}}^{l}\right)_{1 \leq i_{1}, \ldots, i_{k} \leq n_{1}}$ and $B_{k}=\left(\left\langle b^{i}, b^{j}\right\rangle\right)_{n_{k-1} \leq i, j \leq n_{k}}$, where the inner products are euclidean, then Popp's volume is locally

$$
\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2} X_{1}^{*} \wedge \cdots \wedge X_{n}^{*}
$$

We shall find a local formula for the Sub-Riemannian Laplacian associated to Popp's volume $P$. This will be an immediate consequence of the local expression of divergence with respect to Popp's volume.

Recall that if $\omega$ is a differential 1-form and $X, Y$ are smooth vector fields on $M$, then $X(\omega(Y))=\left(L_{X} \omega\right)(Y)+\omega([X, Y])$. Therefore,

$$
\left(L_{X_{i}} X_{j}^{*}\right)\left(X_{s}\right)=X_{i}\left(X_{j}^{*}\left(X_{s}\right)\right)-X_{j}^{*}\left(\left[X_{i}, X_{s}\right]\right)=-X_{j}^{*}\left(\sum_{l=1}^{n} c_{i s}^{l} X_{l}\right)=-c_{i s}^{j}
$$

where $\left[X_{i}, X_{s}\right]=\sum_{l=1}^{n} c_{i s}^{l} X_{l}$. Hence,

$$
L_{X_{i}} X_{j}^{*}=-\sum_{l=1}^{n} c_{i l}^{j} X_{l}^{*}
$$

Since $L_{X_{i}}$ is a derivation, we compute

$$
\begin{aligned}
& L_{X_{i}}\left(\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2} X_{1}^{*} \wedge \cdots \wedge X_{n}^{*}\right)=X_{i}\left(\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2}\right) X_{1}^{*} \wedge \cdots \wedge X_{n}^{*} \\
& \quad+\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2}\left(L_{X_{i}} X_{1}^{*} \wedge \cdots \wedge X_{n}^{*}+\cdots+X_{1}^{*} \wedge \cdots \wedge L_{X_{i}} X_{n}^{*}\right) \\
& =\left[X_{i}\left(\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2}\right)+\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2}\left(-\sum_{j=1}^{n} c_{i j}^{j}\right)\right] X_{1}^{*} \wedge \cdots \wedge X_{n}^{*} .
\end{aligned}
$$

This means that the divergence of $X_{i}$ with respect to Popp's volume is

$$
\operatorname{div}_{P} X_{i}=-\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2} \cdot X_{i}\left(\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{1 / 2}\right)-\sum_{j=1}^{n} c_{i j}^{j} .
$$

But

$$
\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{-1 / 2} \cdot X_{i}\left(\left(\prod_{j=2}^{r} \operatorname{det} B_{j}\right)^{1 / 2}\right)=\frac{\sum_{j=2}^{r}\left(\operatorname{det} B_{2}\right) \cdots X_{i}\left(\operatorname{det} B_{j}\right) \cdots\left(\operatorname{det} B_{r}\right)}{2 \prod_{j=2}^{r} \operatorname{det} B_{j}}
$$

$$
=\frac{\sum_{j=2}^{r}\left(\operatorname{det} B_{2}\right) \cdots\left(\operatorname{det} B_{j}\right) \operatorname{Tr}\left(B_{j}^{-1} X_{j}\left(B_{j}\right)\right) \cdots\left(\operatorname{det} B_{r}\right)}{2 \prod_{j=2}^{r} \operatorname{det} B_{j}}=\frac{1}{2} \sum_{j=2}^{r} \operatorname{Tr}\left(B_{j}^{-1} X_{j}\left(B_{j}\right)\right)
$$

and so

$$
\operatorname{div}_{P} X_{i}=-\frac{1}{2} \sum_{j=2}^{r} \operatorname{Tr}\left(B_{j}^{-1} X_{j}\left(B_{j}\right)\right)-\sum_{j=1}^{n} c_{i j}^{j} .
$$

Substituting now we get the local expression

$$
\Delta_{h}=\sum_{i=1}^{k} X_{i}^{2}-\sum_{i=1}^{k}\left(\frac{1}{2} \sum_{j=2}^{r} \operatorname{Tr}\left(B_{j}^{-1} X_{j}\left(B_{j}\right)\right)+\sum_{j=1}^{n} c_{i j}^{j}\right) X_{i}
$$

for the Sub-Riemannian Laplacian in the equiregular case of step $r$ and rank $k$.

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